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Minister for Health & Family Welfare, S. Pangnyu Phom with Advisor, IPR, SCERT and Village Guards, Toshi Wungtung, Advisor, Prisons and Printing & Stationery, H. Haiying, Tuensang DTF Members, District Administration, District Police, Health & Family Welfare officials, civil society leaders and other dignitaries during the inaugural of BSL-2 Lab at Tuensang District Hospital on 28th August 2020.







Chief Minister, Neiphiu Rio, Deputy Chief Minister, Y. Patton, Speaker, Nagaland Legislative Assembly, Sharingain Longkumer and State Chaplain, Rev. T. W. Yamyap Konyak releasing the journal, 'The Naga Assembly Chronicles' at NLA Secretariat, Kohima on 13<sup>th</sup> August 2020.



Minister, Planning & Co-ordination, Land Resources and Parliamentary Affairs, Neiba Kronu along with other officials releasing the Two Volume Report of the Project 'Geospatial Water Resource Map of Nagaland' at Nagaland GIS & Remote Sensing Centre, Kohima on 21<sup>st</sup> August 2020.





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Editor : Dzüvinuo Theünuo Sub Editor : Mhonlumi Patton

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email: iprnagaland@gmail.com

For advertisement: dipradvert@gmail.com

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# STANDARD OPERATING PROCEDURES FOR RETURNEES AND TRAVELLERS ENTERING NAGALAND

In supersession of the Standard Operating Procedure (SOP) issued vide Notification No.NSDMA-ER-COVID-19/301/2020 dated 1<sup>st</sup> June 2020 and 7<sup>th</sup> June 2020 regarding the returnees to the State, and in pursuance of the decisions taken in the meeting of the High Powered Committee held on 30<sup>th</sup> July 2020, the SOP for returnees and travellers entering Nagaland with effect from 10<sup>th</sup> August 2020 will be as under:

#### 1. Designated Point of Entry and Entry Permit:

- a. Any returnee/inbound traveller will be permitted only through Dimapur by train, air or by road through the New Field Check Gate and the Dillai Gate; through Khuzama, Kohima district by road; through Tsutapela and Watiyongpang, Mokokchung district by road; through Naginimora and Tizit, Mon district by road, and through Bhandari, Wokha district by road.
- b. Entry into the State through any other route, or by any other mode of travel will not be allowed, except under special circumstances with the approval of the Home Department.
- c. For returnees/persons travelling by road, e-Pass should be obtained as per the existing system by applying on iamstranded.nagaland.gov.in website.

#### 2. Screening and inter-district transfers:

- a. All returnees/inbound travellers will be screened at the designated entry point or some other convenient location as decided by the respective District Task Force, in which the entry point is located.
- b. All returnees/inbound travellers should have installed the nCOVID Nagaland Visitors App and submitted self declaration through the app by the time of arrival. Checking of the app being installed in the returnee's/traveller's phone will be done during the screening on arrival. If the app is not yet installed, the returnee/traveller will be directed to do so and directed to the State Helpline 1800 345 0019 for any technical support.
- c. All returnees/inbound travellers showing no symptom on screening at the designated entry point will be transported to the Quarantine Centres and in case the returnees/inbound travellers are bound for some other districts, the District Task Force of the destination/home district will arrange the transportation of the returnees/inbound travellers from Point of Entry to the Quarantine Centres in their district. In case there are very few number of returnees/travellers bound for other district at Dimapur or Kohima, and transportation to home district cannot be arranged, then on mutual agreement between the District Task Force Dimapur/Kohima and the concerned District Task Force of the destination/home district, such returnees/inbound travellers may be kept in the Quarantine Centres in Dimapur or Kohima for undergoing quarantining, and for testing and subsequent release in accordance with the SOP.
- d. All returnees/inbound travellers showing COVID-like symptom will be subjected to medical protocols. In case the returnee/inbound traveller is bound for some other district, then based on the fitness, will be retained in the district in which the entry point falls, or transported to the respective home/destination district in a separate transport facility.
- e. On saturation of the Quarantine Centres in any district, the returnees/inbound travellers may be shifted to another district on mutual agreement between the District Task Force of the two districts.

#### 3. Quarantine:

a. Every inbound traveller/returnee will have to mandatorily undergo institutional quarantining for 7

- (seven) days at a facility managed and arranged by the concerned District Task Force or identified hotel/rest house/lodge.
- b. In a Quarantine Centre managed and arranged by the District Task Forces, the following charge will apply:
  - a. The quarantinee will be charged for food at a rate fixed by the respective District Task Force or
  - b. The quarantinee may opt out and arrange own food from outside being delivered at the quarantine facility which should be mandatorily in single use disposable containers and preferably of biodegradable materials.
- c. Returnees/travellers who wish to utilize paid quarantine facility will be allowed to do so and they will be subject to the same provisions of the SOP as applicable to any returnee/traveller undergoing institutional quarantine.
- d. The duration of institutional quarantine and discharge/release to home quarantine are subject to the testing and patient condition. In case there is unavoidable delay in release to home quarantine after testing negative, such person shall be kept in a separate facility as far as possible and in which case no retest will be required unless the person turns out to be a 'High Risk or Low Risk' contact of a confirmed case from contact tracing or the person develops COVID-like symptoms in the Quarantine Centre.
- e. For returnees/inbound travellers who are above the age of 60 years, children below the age of 10 years and their parents, pregnant women and accompanying spouse, and patients, they will be screened on arrival with other returnees/travellers. On the advice of the medical team at the entry point/screening centre, they will be exempted from facility quarantine and will be sent for 21 (twenty one) days home quarantine. The testing of such persons will be done from the 5<sup>th</sup> to 10<sup>th</sup> day of arrival.
- f. The total duration of quarantine is 21 days. For example, if a returnee/traveller is tested negative after completing 7 days in institutional quarantine, he/she will be sent for home quarantine to complete the 21 days, i.e. 7 days in Quarantine Centre and 14 days in home quarantine.
- g. The District Task Force may continue to enlist the support and involvement of tribal bodies, government officers/employees' associations, and faith based/community based organizations for management of Quarantine Centre or home quarantine, e.g. in providing food to Quarantine Centres, disciplining of quarantinees, monitoring observance of home quarantine, counselling and spiritual support, etc.
- h. Mandatory safety precautions in the Quarantine Centres:
  - i. Social distancing, wearing masks, and hand and respiratory hygiene should be followed by guarantinees at all times.
  - ii. No visitors are allowed to meet anyone in the Quarantine Centre.
  - iii. Essential items like medicines or home food (in disposable containers) may be handed to the Quarantine Centre in-charge.
  - iv. Waste disposal by quarantinees should be done safely.
  - v. Every person undergoing quarantine should be made aware by the District Task Force that unruly/delinquent behaviour/non-adherence to quarantine norms on the part of anyone may lead to his/her shifting to a Police Quarantine Facility for undergoing his/her quarantine period. NB: Masks for quarantinees should be provided at the Quarantine Centre.

#### 4. Testing:

a. All returnees/inbound travellers will be tested. But unless symptomatic, returnees/inbound travellers will not be tested immediately on arrival. The testing protocol for returnees/inbound travellers is given in the table below:

SI. No.	Clinical Condition	When to test	Type of test	Test result	Follow up action
1	Symptomatic	On arrival	Rapid Antigen Test /TrueNat/ RT-PCR	Positive	COVID Care Centre or COVID Hospital.
			TAT OIL	Negative*	Treat in Isolation Ward. Follow clinical protocol.
2	Asymptomatic	On 5 <sup>th</sup> to 10 <sup>th</sup> day of arrival	TrueNat or RT- PCR	Positive	COVID Care Centre or COVID Hospital
				Negative	Home Quarantine to complete remaining 21 days of quarantine

- \*If Rapid Antigen Test is used, the negative result has to be re-tested by TrueNat/RT-PCR
  - a. Sample collection should be done in the Quarantine Centre. Sample Collection Centre should be increased by setting up sample collection booth in the Quarantine Centre or mobile sample collection van. Transporting several quarantinees in one vehicle to the sample collection centre should be avoided.
  - b. If there is backlog or any delay in the testing, the person in Quarantine Centre will have to wait for the test and be discharged only after being tested negative.
  - c. Routine re-test is not recommended for person in quarantine for the purpose of discharge from Quarantine Centre, and re-test is recommended only when there is history of exposure to a confirmed case (through contact tracing) or manifestation of COVID-like symptom while in Quarantine Centre.
  - d. COVID-19 testing will be free of cost for all returnees/inbound travelers and those High Risk or Low Risk contacts identified in contact tracing. However, it will be chargeable for the following categories:
    - i. Persons travelling outside the State who request for a test.
    - ii. Patient for undergoing non-COVID-19 treatment in the hospital (e.g. before surgical procedure or aerosol generating procedure, etc.)
    - iii. Persons interested to know their status, subject to case load and capacity of the testing centres.
    - iv. Special categories of people entering Nagaland for urgent essential works or for unavoidable reasons, refer to SOP issued vide Notification of even number dated 17<sup>th</sup> June 2020.
  - e. The rate of testing will be fixed by the Government which may be revised from time to time.

## 5. Discharge:

a. The swab of the returnee/inbound traveller for testing will be taken on the 5<sup>th</sup> to 10<sup>th</sup> day of arrival and he/she will be discharged from Quarantine Centre as and when the negative test result by TrueNat or RT-PCR is received, if he/she has completed a minimum of 7 days in institutional guarantine.

- b. For those who are tested positive, discharge from COVID Care Centre or COVID Hospital will be as per the discharge policy issued by Health & Family Welfare Department.
- c. The medical team will provide clearance for discharge of returnee/traveller from Quarantine Centre or recovered patient from CCC/COVID Hospital. Thereafter it will be considered and approved for release by the District Task Force led by the Deputy Commissioner.
- d. The returnee/traveller who is tested negative in Quarantine Centre or a patient who has recovered in a CCC/COVID Hospital will arrange his/her own transportation for going home to continue home quarantine till the 21<sup>st</sup> day.
- e. The District Task Force will ensure that full details of the quarantinees being released daily and proceeding to their homes in villages/towns for undergoing Home Quarantine are made available to the concerned Ministers or Advisors who have been assigned districts to monitor vide Chief Minister's Office Order No.CMN/34(A)/H&FW/2020 dated 25<sup>th</sup> March 2020, and also to the respective District Task Forces, in case the district where the person has undergone quarantine is different from his/her home/destination district besides the State War Room 011 COVID -19/Office of the Chief Secretary.

#### 6. Special Categories of persons/dignitaries/senior government officials:

- a. The special categories of persons who need to enter Nagaland for short durations for urgent essential works or for unavoidable reasons, and the government servants, both State and Central, on their return to the State, who in public interest have to start discharging their duties without delay, will continue to be guided by the provisions of the SOP issued vide Notification No.NSDMA-ER-COVID-19/301/2020 dated 17<sup>th</sup> June 2020.
- b. The dignitaries and senior government officials, State and Central as specified by the Home Department on their entry into the State, will continue to be covered under the provisions of the SOP issued vide Notification No. NSDMA-ER-COVID-19/301/2020 dated 22<sup>nd</sup> June 2020.

## 7. Military/Para Military Personnel:

a. The personnel of military/para military entering Nagaland will continue to be guided as per the provisions of Notification No. DHFW/COVID-I9/20I9-20/1509-15 dated 5<sup>th</sup> June 2020 and the Advisory No. DHFW/COVID-19/2019-20/4074-77 dated 13<sup>th</sup> July 2020 issued by the Directorate of Health & Family Welfare, Government of Nagaland.

## 8. Information regarding the paid facilities:

a. In order to provide a choice of the paid quarantine facilities like hotels/lodges/rest houses, that a person intending to come to Nagaland may like to use and thereby help him/her to decide and make the travel plans accordingly, the District Task Forces will make arrangements for displaying the information regarding the status of availability of the various paid quarantine facilities on various dates in their districts on the website covid19.nagaland.gov.in

#### 9. Work distribution:

- a. All logistical issues such as transportation of passengers/identification of Quarantine Centres/provision of food for travellers/housekeeping management of Quarantine Centres electricity, water supply, repairs, sanitation/coordination with other districts, etc. will be the sole responsibility of the respective District Task Force, including officers, agencies nominated by the Government or the District Task Force as the case may be.
- b. All clinical protocol such as screening of passengers/sample collection/testing of samples/attending to inmates in medical distress/safety protocol in Quarantine Centres/issuing medical clearance from

Quarantine Centres/dispatch location as the case may be, or any other location will be the sole responsibility of the District Health Officials, Department of Health & Family Welfare.

c. The detailed work distribution of the various stakeholders and teams will be as in Annexure 1

## 10. Returnee/traveller entering before 10<sup>th</sup> August 2020:

I. Any returnee/traveller who has entered the State and commenced quarantining before 10<sup>th</sup> August 2020, the day this SOP comes into force, will continue to be guided by the provisions of the earlier SOP issued vide Notification No.NSDMA-ER-COVID-19/301/2020 dated 1<sup>st</sup> June 2020 and 7<sup>th</sup> June 2020.

## ANNEXURE-I WORK DIVISION AMONG THE VARIOUS STAKEHOLDERS AND TEAMS:

SI. No.	Process	Responsibility
1(a)	Transportation of returnees/inbound travellers from railway station/airport/Check Gates by road to the designated Screening Centre(s) in Dimapur district.	Movement to be monitored/ transportation to be arranged by District Task Force, Dimapur.
1(b)	Transportation of returnees/inbound travellers through Khuzama Check Gate by road to the designated Screening Centre(s) in Kohima district.	Movement to be monitored/ transportation to be arranged by District Task Force, Kohima.
1(c)	Transportation of returnees/inbound travellers through Tsutapela and Watiyongpang, Mokokchung district by road to the designated Screening Centre(s), in Mokokchung district.	Movement to be monitored/ transportation to be arranged by District Task Force Mokokchung.
1(d)	Transportation of returnees/ inbound travellers Naginimora and Tizit, Mon district by road to the designated Screening Centre(s) in Mon district	Movement to be monitored/ transportation to be arranged by District Task Force, Mon.
1(e)	Transportation of returnees/inbound travellers through Bhandari, Wokha district by road to the designated Screening Centre(s) in Wokha district.	Movement to be monitored/ transportation to be arranged by District Task Force, Wokha.
2	Screening and segregation of the returnees/inbound travellers in Dimapur/Kohima/Mokokchung/Mon/Wokha.	Screening: Respective Medical Team Segregation: Respective District Task Force and the final destination District's Liaisoning Teams.
3	Symptomatic Returnees to Isolation Wards in Dimapur/Kohima/Mokokchung/Mon/Wokha.	Dimapur District Task Force/ Kohima District Task Force/ Mokokchung District Task Force/ Mon District Task Force/ Wokha District Task Force.
4	Asymptomatic inbound travellers/returnees from the designated screening centres in	Transportation: By receiving districts     (Liaison officers from Administration

	Dimapur/Kohima/Mokokchung/Mon/Wokha to respective districts facility quarantine centres for undergoing quarantining.	and Police to be kept in Dimapur/Kohima/Mokokchung as per the need by the respective districts)  2. Refreshments/food, toilet facilities and medical facilities to the returnees on the way: Receiving districts to coordinate with the districts enroute (Project Directors, DRDA may make the arrangements as instructed in Home Department letter NO.NSDMA-ER-COVID-19-301/2020 dated 27th May 2020).
5	In case of the inbound travellers/returnees of other districts undergoing quarantining at Dimapur/ Kohima.	The inbound travellers/returnees on release will make their own transportation arrangements for going to their respective districts. The respective Liaison Officers from Administration and Police may facilitate the arrangements.
6	Quarantine Centre Management & Safety Protocol (including food, water, electricity and other daily maintenance).	District Task Forces.
7	Collection of samples, testing and transportation to labs whenever required.	Medical Team and District Task Forces.
8	Release of returnees from Quarantine Centres for Home Quarantine after due process and medical clearance.	Medical Team and District Task Forces.

## SAFETY PRACTICES IN HIGH RISK SETTINGS

In pursuance of the State Government new consolidated guidelines on lockdown measures vide Order No. CSO/GAB-I/COM/GEN-1/2020 dated 31<sup>st</sup> July 2020, the Principal Director, Health & Family Welfare, Dr. Vizolie Suokhrie in exercise of the powers conferred under Section 17 of the Nagaland Epidemic Disease (COVID-19) Regulations 2020, has issued the following Guidelines on Safety Practices in high risk settings to prevent transmission of COVID-19, as annexed, for strict adherence and compliance by all concerned stakeholders with immediate effect.

Any violation or non-compliance of this order and all other safety and preventive measures issued by the State Government from time to time in connection with COVID-19 pandemic, shall be liable to be prosecuted as per the provision of Section 21 of the Nagaland Epidemic Disease (COVID-19) Regulations 2020.

#### ANNEXURE 1: SAFETY PRACTICES IN HIGH RISK SETTINGS

- 1. Truckers Transporting Essential Commodities: All Truckers Transporting Essential Commodities shall observe the following:
  - a. Entry of vehicles shall be allowed within a specific period during the day as fixed by the District Task Force.
  - i. No passengers shall be allowed to travel in any of the trucks.
  - ii. All crew members shall be screened for fever by thermal scan at the point of entry.
  - iii. Crew member(s) with symptoms such as fever, cough and breathlessness will be subjected to further medical examination.
  - iv. All crew members shall mandatorily wear face mask at all times and wash hands frequently with soap and water or with hand sanitizers.
  - v. Dhabas and amenity providers at designated places identified by the district administration for truckers/travelers shall provide adequate dining space to ensure minimal contact, social distancing, foot-operated hand washing facilities as well as clean and hygienic toilets/washrooms.
  - vi. All crew members shall remain inside the vehicle and shall not mingle with anyone during loading and unloading of consignment.
  - vii. On completion of the loading and unloading of the consignment, the truck shall be required to proceed towards its destination immediately. Local transporters requiring to stay back must compulsorily remain in home isolation and observe safety measures.
    - NB: District Task Force will facilitate availability of adequate hand washing facilities at all check points.
- **2. Taxis and Auto Rickshaws:** Taxis and Auto rickshaw operators/drivers shall observe the following:
  - a. All taxi and auto rickshaw drivers should mandatorily maintain a daily logbook of all travelers with the following details such as name, phone number, date of travel.
  - b. The driver and the passengers should mandatorily wear mask at all times. No passengers will be allowed to travel without mask worn correctly.
  - c. Hand sanitizer should be carried at all times and all passengers must sanitize their hands before boarding.
  - d. The driver should mandatorily carry appropriate disinfectants and periodically disinfect frequently touched surfaces of the vehicle such as doors and window handles, seats, overhead hand grips, etc.
  - e. The vehicles should be washed daily and disinfected periodically.
  - f. Drivers will not assemble or gather in groups at taxi/auto rickshaw stands.
  - g. Limitation on the number of passengers will be as per existing state guideline for lockdown measures.

#### NB:

- i. The Municipal/Town Council will ensure installation of adequate hand washing facilities such as soap and running water or foot-operated alcohol-based hand sanitizer at the taxi stand and display adequate IEC materials (posters/ pamphlets/ flex banners).
- ii. The Municipal/Town Council in collaboration with concerned Union/Association of taxi and auto rickshaws will conduct orientation programme on standard preventive measure for drivers and travelers. Necessary technical support will be provided by District Task Force.

- 3. Shops including Takeaway Outlets: All shopkeepers and customers shall observe the following:
  - a. All shopkeepers shall provide hand washing facilities such as soap and running water or alcohol-based hand sanitizer.
  - b. Customers and shopkeepers are to wear face mask compulsorily at all times. The policy of "No Mask, No Entry" must be imposed.
  - c. Time-bound sales/promotion offers that have the potential to draw a crowd within a limited time period is strictly prohibited.
  - d. Frequently touched surfaces such as railings, door knobs, handles, floors, billing tables/counters, etc. are to be cleaned everyday with 1% sodium hypochlorite or any other effective commercially available disinfectant.
  - e. Any staff with symptoms of fever, cold, difficulty in breathing and other COVID-19 symptoms should not be allowed to come to work and must be reported to the District Surveillance Unit immediately.
  - f. Shopkeepers shall discourage customers from touching commodities indiscriminately. Assistants may be put in place for the same.
  - g. Strict physical distancing must be imposed at all times by limiting the entry of customers. The number of customers (maximum of 50% of the capacity) to be allowed at any given point of time should be mandatorily displayed by all shop owners. Smaller/medium establishments should whenever possible provide service without letting customers come inside the shop. Markings for ensuring physical distancing should be indicated wherever applicable.
  - h. There should be no crowding at the billing counters.
  - i. A rope/ribbon barricade/queue manager will be placed at the entrance of the shop to regulate entry of customers.
  - j. The salesperson handling items/commodities must frequently wash hands/use hand sanitizer before and after dealing with every customer.
  - k. In case of cash payment, customer should be encouraged to pay the exact amount to reduce physical contact.
  - I. Management should introduce electronic transactions such as POS Card Swiping machine, mobile payment, etc. to facilitate cashless transaction and minimize physical contact.
  - m. All shops and establishments with Home Delivery Services must ensure the following:
    - i. The delivery personnel shall wear face mask and hand gloves at all times.
    - ii. The delivery personnel will not enter the house compound or the house during delivery and shall maintain adequate physical distance.
    - iii. The delivery personnel will carry hand sanitizer for use before and after each delivery.
    - iv. Online payment/cashless transaction is recommended.
    - v. Logbook of all customers with phone numbers must be maintained daily.

#### NB:

- a. District Task Force may consider opening of shops on rotation (fixed days) in market places where physical distancing cannot be maintained.
- b. The Municipal/Town Council in collaboration with concerned Trade Union/Association will conduct awareness drive on standard preventive measure for the traders and their staff. Necessary technical support will be provided by the District Task Force.

- 4. Offices and workplace including Banks and Post Offices: Closed spaces are high risk settings for COVID-19 transmission and concerned authorities of all offices/work places must take maximum precautions and observe the following strictly:
  - a. Work stations will be arranged with adequate physical distance between employees/workers and there should be no crowding/socializing.
  - b. There should be adequate natural ventilation (windows, doors open for cross ventilation, exhaust fans working) in all rooms.
  - c. Arrangements may be made for thermal screening at all points for entry.
  - d. All persons within the office shall wear face mask at all times.
  - e. Adequate hand washing points with soap and water/foot-operated Sanitizer Dispensers should be available at points of entry as well as in other strategic points.
  - f. A logbook for all visitors with name and phone number clearly mentioned should be maintained every day in all offices. Visitors should be restricted on all days.
  - g. Opening of office canteens will be subject to State lockdown guidelines.
  - Any staff with symptoms of fever, cold, difficulty in breathing and other COVID-19 symptoms should not be allowed to come to work and must be reported to the District Surveillance Unit/State Helpline 1800 345 0019.
  - i. Surface disinfection of frequently touched surfaces should be done at least twice a day with appropriate disinfectants.
  - j. All staff should be frequently oriented on standard preventive measures with display of adequate IEC materials (posters/pamphlets/flex banners) in strategic points.
  - k. Staff travelling by departmental bus should be regulated to ensure physical distancing, use of masks and other safety measures. Drivers should not assemble or gather in groups. Officers, staff who are fit to drive should avoid using the services of an attached driver whenever possible.
  - I. All offices to the extent possible should opt for webinars and video/audio conferencing using various software tools/platforms like Zoom, Google Meet, Webex, Microsoft Teams, Demio, etc. for online meetings and appointments. Every office shall designate a Nodal Officer for infection control to oversee proper maintenance and implementation of preventive measures. Checklist for COVID-19-preventive measures at workplace and offices for self-assessment is given in Annexure 2. The Checklist Score shall be produced to the Head of Office at the end of every month for necessary corrective measures. This checklist will be monitored time to time by District Task Force and other competent authorities.
  - m. In addition, all Banks and Post Offices must ensure the following:
    - Customers are to wear face mask compulsorily at all times. The policy of "No Mask, No Entry" must be imposed.
    - ii. Staff to use hand gloves while handling bank notes/ postal letter and parcels. However, hand washing / use of sanitizer should be followed strictly after every activity.
    - iii. Strict physical distancing must be imposed at all times by limiting the entry of customers. The number of customers (maximum of 50% of the capacity) allowed at any given point of time should be mandatorily displayed at strategic points and should be regulated by the security. All counters, queue line (inside and outside) should have markings on the floor for physical distancing.
    - iv. All ATM booths shall be provided with hand sanitizers by the concerned banks.

# ANNEXURE: 2 CHECKLIST FOR COVID-19 PREVENTIVE MEASURES AT WORKPLACE AND OFFICES

(Score: 2 points for full compliance, 1 point for 50% or partial compliance and 0 for nil compliance) SI. Indicator **Points** Score 1 **Employees and work conditions** 2 There is a roster system to ensure 50% attendance of the employees and is followed by all employees. a. 50% employees' attendance/roster is available but it is not followed or 1 implemented. There is no roster system/all (or) no employees attend. 0 2 All employees use Aarogya Setu App. b Few employees use Aarogya Setu App. No employees use Aarogya Setu App. Employees with co-morbidities like diabetes, hypertension, cancer and other chronic diseases are to work from home: Protection of the high There is a policy for high risk employees to work from home and is 2 С implemented. There is a policy for high risk employees to work from home but it is not implemented. There is no policy for high risk employees. Arrangement for digital meetings/services All meetings held through VC, webinar using Zoom, Webex, Google 2 Meet, Microsoft Teams. d Mixture of online and physical meetings. 1 Only physical meetings are held. No video conferencing/online 0 meetings. Arrangement to facilitate physical distancing Work stations are arranged ensuring six feet apart. 2 е Work stations are arranged at least three feet apart but less than 6 1 feet. 0 Work stations are too close/congested office space.

f	Adequate natural ventilation in offices (There are enough windows, doors, exhaust fans for natural ventilation, and windows, doors are left open for cross ventilation, exhaust fans are working).		
	There is adequate ventilation in all rooms.	2	
	There is adequate ventilation in some rooms.	1	
	Windows are kept closed during office hours, no exhaust fan or adequate ventilation.	0	
2	COVID -19 hygienic practices		SCORE
	Use of masks and frequent hand washing		
	(Use of masks is effective only with hand hygiene):		
а	All staff wear mask in office with frequent handwashing/use of sanitizer.	2	
	Few staff wear mask in office with frequent handwashing/use of sanitizer.	1	
	Nobody wears mask nor do frequent handwashing/use sanitizer.	0	
	Hand hygiene facility:		
b	Handwashing facility with running water and soap/foot operated sanitizer is available at the entrance to the office and is used by all employees and visitors regularly	2	
	Handwashing facility with running water and soap/foot operated sanitizer is available but rarely/not used by employees and visitors.	1	
	Office does not have the above facility.	0	
С	Thermal screening of all employees and visitors is done at the office entrance	2	
	Thermal screening is partially done.	1	
	No thermal screening done.	0	
d	Logbook of all visitors maintained with name and contact numbers.	2	
	Logbook of all visitors partially maintained with name and contact numbers.	1	
	No logbook of visitors is maintained.	0	

e Canteens provide only takeaway services. Food/beverage is served at the canteen.  Disinfection of frequently touched surfaces twice daily.  Disinfection of frequently touched surfaces once daily.  Disinfection of frequently touched surfaces once daily.  Disinfection of frequently touched surface not done/ rarely done.  3. Office administration preparedness  A Nodal Officer is designated for infection control measures in the office and is working actively.  A Nodal Officer is designated for infection control measures in the office but is not active.  Nodal Officer for infection control is not in place.  Dolicy for strict adherence for reporting and calling State health helpline for employees with symptoms like fever/cough/ difficulty in breathing, and self-isolation at home:  Delicy in place and circulated to all employees.  Policy in place but not circulated to all employees.  Policy in place and circulated to all employees.  Dolicy in place.  Training on basic preventive measures for COVID-19 like hand washing, use of mask, physical distancing, respiratory hygiene and eitquette:  C All employees are trained, updated frequently supported by documentation.  Employees informed but not trained well nor updated frequently.  No training held and employees are not informed.  SOP of GoN and MoHFW, Gol for Safety in workplaces is:  Printed and circulated to all employees.  At the propagation of a positive case, the office has an action plan for self-isolation/quarantine/coordination with the District Task Force Health Department:  Action plan in place.  Action plan under development.  No Action plan.  TOTAL SCORE OUT OF 34:		Canteens are not open.	2	
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This assessment has been done with a	ıll honesty and sincerity for the safety of all staff in office. Our
office has scored/34 points with a percenta	age of for the month of 2020.
We will ensure our safety and preventiv	re measures around COVID-19 is continued and improved in
the coming month.	
Date of Assessment:	Name of Assessor:
Designation:	Signature:
Signature of HoD:	

## SCHOOL EDUCATION DEPARTMENT NOTIFIES

The Directorate of School Education has notified for the information of all concerned that the video lessons telecast by the Department of School Education, Nagaland from the month of May 2020 through Doordarshan, YouTube and Facebook will be available at Jio TV under the channel name 'School Education Nagaland' w.e.f. 10th August 2020.

Therefore, interested teachers and parents are advised to encourage students to make use of the telecast so as to enhance their learning experiences during the period of closure of schools caused due to COVID-19 lockdown.

# SCHOOL EDUCATION DEPARTMENT INFORMS ON ONLINE EDUCATION PORTAL

The Principal Director, School Education, Shanavas C, IAS has informed that in continuation of the Directorate of School Education Office Notification of even number, dated 22<sup>nd</sup> July 2020, the following directives has been issued to the District Education Officers, Senior Sub-Divisional Educational Officers, Sub-Divisional Educational Officers and Heads of Institutions of all Government Schools (GPS/GMS/GHSS) functioning in the State of Nagaland for strict compliance with immediate effect:

- 1. Heads of Institutions of all Government Schools shall visit the Online Education Portal of the Department of School Education 'https://dosenl.in' and register at the link 'School Login.'
- 2. After completion of registration, School Heads shall log in into their School Accounts and enter details asked under the 'School Data' section and submit. Care should be taken to provide accurate information. Submitted data can be edited only with the approval of the Department.
- 3. With effect from 13<sup>th</sup> August 2020, all School Heads shall log in into their School Accounts every day and submit the details asked under the 'Daily Report' section before 3:00 p.m.
- 4. All DEOs/Senior SDEOs/SDEOs will be provided User IDs and Passwords to view the Daily Reports being submitted by schools under their jurisdiction. They shall share the same with the respective jurisdictional Field Officers and ensure that the Daily Reports submitted by schools are monitored and appropriate follow up actions initiated on daily basis.

- 5. Accountability will be fixed at each level and negligence/non-adherence to the above directives will be viewed seriously and appropriate disciplinary action shall be initiated against the erring officials.
- 6. For assistance related to technical issues, Nodal Officer, DoSE Online Education shall be contacted through WhatsApp @ 9862925660.

## **GUIDELINES ON RATIONAL USE OF COVID-19 TESTING**

The Department of Health & Family Welfare has issued the following guidelines on rational use of COVID-19 Testing as given below, for strict adherence and compliance by all concerned stakeholders with immediate effect:

- 1. Testing criteria shall be in conformity with ICMR and State Standard Operating Procedures and shall not be modified under any circumstances unless with the approval of competent authority.
- 2. Priority for testing will be given to high risk contacts (primary and direct) or symptomatic cases.
- 3. All other cases including low risk contacts, shall apply for slot for sampling and testing to the District Health Authority through phone/WhatsApp/email. This is to avoid overcrowding at the sampling site.
- 4. The type of testing to be done shall be decided by the attending health personnel. No person shall demand the type of testing.
- 5. Test result will be provided depending on the case load of the testing lab. All persons from whom sample were collected are to remain in self isolation till their result is made available.
- 6. No person shall insist on re-test, if the test result is 'truly positive' by Rapid Antigen Test or 'truly negative' by TrueNat. Re-tests should only be done on grounds of high clinical suspicion and correlation by the attending health personnel.

## SCHOOL EDUCATION DEPARTMENT CLARIFIES

With reference to Notification No.ED/AEI-18/2020 dated 6<sup>th</sup> August 2020, on making available the video lessons telecast through Doordarshan during the months of May, June and July 2020 in pendrives, the Directorate of School Education has issued the following clarifications for the information of all concerned:

- All video lessons have been made available for free access in the Department's YouTube Channel and Facebook Page since 1<sup>st</sup> May 2020, and the same are also made available for free access through Jio TV w.e.f. 10<sup>th</sup> August 2020.
- 2. The Department in its notification has clearly stated that the pendrives will be issued to all government schools free of cost and no amount is collected from them.
- 3. Only those interested individuals/private schools who wish to have the pendrives loaded with video lessons, other than free of cost access methods as mentioned above, shall buy the pendrives through the portal 'https://dosenl.in' where they will be paying only for the hardware and copying cost of the videos, and no profit is made out, and it is not compulsory for any individual/private school to buy the same.

- 4. The duration of the video lessons ranges from 6 hours to 35 hours per class and the capacity of pendrives are 16 GB, 32 GB and 64 GB. Accordingly, the cost fixed is Rs. 350, Rs. 480 and Rs. 850.
- 5. In fact, the decision to make the video lessons available in pendrives was taken after the Department received requests from various quarters about their inability to access the videos through internet due to connectivity issues, whereas PCs/Laptops are available in many villages/wards with schools, churches or student bodies which could be used to access the videos for the benefit of students.
- 6. The Department clearly understands that all students will not own smart phones/PCs/laptops, and it is a collective responsibility of everyone to help the students.
- 7. The entire transaction is made in a complete transparent manner and public are free to know about the details at any time.

## POWER DEPARTMENT INFORMS

All electricity consumers in the State have been informed that with the imposition of COVID-19 lockdown measures/restrictions since 24<sup>th</sup> March 2020, the Department of Power has been striving its best to provide adequate/stable power supply across the State. However, the Department is facing huge challenges, in view of various lockdown restrictions in towns and in villages, for its staff to carry out its routine monthly revenue activity of meter reading, billing, bill delivery and collection. This has adversely affected the Department's revenue collections resulting into huge drainage on the State's exchequer resources to purchase adequate/required power. If the present trend continues further, the Department of Power will not be in a position to supply adequate/required power supply and there shall be long hauls of power cuts/outages, which is not desirable during the pandemic.

Sensing the urgency of the matter, and in the interest of providing better service to the consumers/citizens of the State, the Government at the highest level held a meeting on 11<sup>th</sup> August 2020 and directed the Department of Power to execute the following action plan for immediate compliance:

- 1. To ensure dissemination of billing information and enable online viewing and payment of bills in towns/areas covered under IT billing and online payment facility. Any consumers not receiving bills from the Department must provide his/her consumer ID/No. along with mobile contact number including the location to the concerned billing office of the Department or to the following contact details in Head Office Kohima:
  - a. EE (Revenue), Office of the Engineer-in-Chief, Kohima 9436602054.
  - b. EE (MIS), Dimapur 8257925964.
  - c. SDO (Revenue) 9774566578.
  - d. JE (Revenue) 8974695047.
  - e. Email-cepowerl@gmail.com, eemisdmr@Kmail.com
- 2. In colonies/wards/villages wherever COVID-19 lockdown restrictions are in place, the Department officers and staff shall co-ordinate with the respective colonies/wards/ villages councils to facilitate meter reading and bill delivery.
- 3. The activities at Sl. 1 and Sl. 2 shall be completed within August 2020.

4. The Power Department assisted by the Police and Administration shall carry out extensive disconnection exercise of payment defaulters (consumers/localities/villages) from September/October 2020 without further information.

## TRANSPORT DEPARTMENT NOTIFIES

The Transport Department has informed that in supersession of the Department's Notification of even number dated 08.06.2020, the temporary suspension of services pertaining to registration of vehicles and driving licenses is hereby lifted. The Motor Vehicles Department shall resume with immediate effect its function of registration of vehicles and issue of driving licenses.

Standard Operating Procedures on COVID-19 as issued by the State and subsequent periodical instructions as issued by the Government must strictly be adhered to.

## POWER DEPARTMENT INFORMS CONSUMERS

The Department of Power has informed the electricity consumers covered by IT billing and online payment facility under 9R-APDRP towns (Dimapur, Kohima, Wokha, Phek, Chumukedima, Mokokchung, Tuensang, Zunheboto and Mon) that in order to avail the facility of 'Trusted Consumer Meter Reading' in Department of Power Nagaland (DOPN) web portal (www.dopn.Rov.in), a specific time period/slot i.e. 1<sup>st</sup> to 10<sup>th</sup> of every month is being provided for the consumers to manually enter/provide their own energy readings. This will enable the respective billing offices (SDO) to generate bills for the current month which will be posted and available for viewing and payment in the subsequent month. Consumers can download the bill(s) and pay online either from the portal itself by selecting the view and payment tab from the portal menu or through mobile wallet apps - Phone Pay, Google Pay, Amazon Pay, BHIM, etc.

Following steps/processes are to be adopted by the consumers for providing trusted meter reading online:

- 1. Log on to Department's website www.dopn.gov.in
- 2. Sign up/Register with the consumer number and log in to 'My Account'
- 3. Select the 'Trusted Consumer Meter Reading' tab/box option.
- 4. Fill in the required fields (date of reading and units consumed as on that date) and submit.

## SCHOOL EDUCATION DEPARTMENT NOTIFIES

The Directorate of School Education has notified for the information of all concerned that in pursuance to the decision taken by the Government to reduce 20% of the syllabus for classes 1 to 8 in consideration of COVID-19 pandemic, State Council of Educational Research & Training (SCERT) has reduced the contents in the subjects English Reader, English Grammar, Mathematics, Science, Social Sciences, Hindi, Life Skill Education and Nagaland Heritage Studies for classes 1 to 7.

All concerned have been directed to take note that the reduced syllabus prepared by SCERT contains subjects of class 8 as well. But in regard to content reduction for class 8, schools shall follow content reductions notified by Nagaland Board of School Education vide Letter Nos. NBE-3/Ad-TB (10) 2020/567 dated 22<sup>nd</sup> May 2020 and NBE-30/Ad-VIII 2020-21/569 dated 23<sup>nd</sup> May 2020.

Copies of the revised syllabus can be downloaded from the Department's website 'https://education.nagaland.gov.in/' and the revised syllabus comes into force with immediate effect.

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## PRINCIPAL SECRETARY, HOME BRIEFS ON HOME ISOLATION FOR COVID-19

Principal Secretary, Home, Abhijit Sinha, IAS during the briefing on COVID-19 in Nagaland on 5<sup>th</sup> August 2020, informed that Standard Operating Procedures (SOPs) for home isolation of asymptomatic COVID-19 cases has been issued on 5<sup>th</sup> August 2020 which will come into force with immediate effect.

Any patient who is clinically assigned as an asymptomatic case by the treating Medical Officer, and is not an immune compromised patient may apply for home isolation. A single bedroom with proper ventilation is mandatory for home isolation and there should preferably be an attached bathroom. Appropriate disinfectants should also be available. The patient may apply to the District Surveillance Officer with a copy to the Village Council/Town Council/Municipal Council and a medical team will inspect his/her house and certify that it is fit to be used for home isolation with all the required facilities.

It will be mandatory for the patient in home isolation to download the nCOVID Nagaland App and provide his symptom details using the app twice daily until discharged from home isolation. The patient should also not move out of the isolation room during the entire duration of isolation, except in circumstances where the bathroom is located away from the room. If bathroom is shared, it should be disinfected after

each use with appropriate disinfectant.

The caregiver of the patient will avoid physical contact and maintain physical distancing when providing care. Food may be served in disposable containers and should be delivered at the door without entering the room. The cleaning works such as washing of utensils, used linen/clothes, disinfection of frequently touched surfaces should be done by the patient in isolation to avoid contact with caregiver.

The duration of home isolation will be for 14 days if there is no symptom throughout the period, and will be followed by 14 days home quarantine. If symptoms develop during the isolation period, patient will be shifted to COVID Hospital. If the symptom is very mild and the Medical Officer advises continued home isolation, the patient will continue isolation for 10 more days from the onset of symptom and the patient should not have had fever at least for the last 3 days. This will be followed by 14 days home quarantine. After home isolation, testing is not recommended by Government of India. The State testing policy for discharge of confirmed cases will be followed, as revised from time to time.

The violators of the provisions of the SOPs will be penalized as per the relevant section of the Disaster Management Act, 2005 and the Nagaland Epidemic Disease (COVID-19) Regulations, 2020.

## RECEPTION FOR FIRST DC AND SP OF NOKLAK HELD

With the creation of Noklak as the 12<sup>th</sup> district of Nagaland, a reception programme for the first Deputy Commissioner (DC) and Superintendent of Police (SP) of Noklak was held on 6<sup>th</sup> August 2020 at DC's Office Complex, Noklak.

Speaking on the occasion, Advisor, Fisheries & Aquatic Resources, Evaluation,

Economics & Statistics, L. Khumo on behalf of Khiamniungan people thanked the Chief Minister, Neiphiu Rio, Deputy Chief Minister, Y. Patton, Cabinet Ministers, Advisors, MLAs and the Government for the magnanimous generosity towards the Khiamniungans by consenting to create Noklak as the 12<sup>th</sup> district of Nagaland.

L. Khumo said that the names of the first DC of Noklak, Reny Wilfred, IAS and SP, Dr. Pritpal Kaur Batra, IPS will be remembered for generations by the people of Noklak and expressed hope that they

will bring positive changes to the newly created district. The Advisor while stating that although the district is lacking behind in every sphere, called upon the people to be law abiding citizens and continue to support in the development of the district.

Advisor, Prisons and Printing & Stationery, H. Haiying said that 6<sup>th</sup> of August 2020 is a historic day for the people of Noklak. The people are living in remoteness and underdeveloped region and with the creation of the district, it is a fulfilment of the long felt dreams of the people, he added. Haiying welcomed the first DC and SP of the district and said that challenging tasks are ahead of them, and also urged all the citizens of Noklak district, and the State and country to extend full co-operation and work for the upliftment and development of Noklak district.

The first DC of Noklak, Reny Wilfred, IAS in his speech sought co-operation from civil societies, churches, NGOs and different civil organizations. The DC said that health, education, skill

development, agriculture, etc. are some of the sectors where necessary facilities need to be addressed.

The first SP of Noklak, Dr. Pritpal Kaur Batra, IPS in her speech expressed that she is happy to be posted in such a far-flung area and hopes to bring positive changes. She said that the Khiamniungans are very talented and hardworking and added that if the people work together, then changes will happen.

President, Khiamniungan Tribal Council, L. Ngon in his speech expressed his gratitude to the People's Democratic Alliance Government, led by CM, Neiphiu Rio, bureaucrats led by the Chief Secretary, and the support from all tribes and NGOs for creating Noklak as the 12<sup>th</sup> district of Nagaland.

The programme was chaired by SDO (Civil), Noklak, C. Puniang and special number was presented by B. Hangming. Rev. Pinglang led the dedication of the DC's Office which was followed by unveiling of the office signboard by the Advisors. The Nokmei Kam (Peace Morung) which was constructed at DC's Official Residence at Noklak was dedicated by Rev. Hempao, ES, KBCA.

## 7.5 MT OF PINEAPPLES EXPORTED TO ASSAM

Director and Mission Director (MIDH), Horticulture Department, Dr. R. Elithung Lotha along with Agriculture Production Commissioner, Kikheto Sema, IAS and Commissioner & Secretary, Horticulture officially flagged off three vehicles carrying 7.5 metric tonnes (7,500 Kg) of Nagaland pineapples from Nagaland Gate which will reach different districts in Assam.

Flagging off the vehicles, Dr. Elithung dubbed pineapple as one of the signature crops of Nagaland, which is considered as one of the best and sweetest in the world. He regretted that due to the present COVID-19 situation, supply chain has been disrupted and felt that lack of proper planning would lead to farmer distress. However, he noted that with the constant support from the Chief Secretary, Nagaland, APC and Commissioner & Secretary, Horticulture, the farmers are benefitting

even during such extraordinary times. He observed that organic fruits and vegetables are found in all nook and corners of the State due to the participation of Self Help Groups, including societies and individuals in marketing their produces.

Dr. Elithung acknowledged the support extended by the Administration and Municipalities towards the farming community in distributing their produce in the markets. There is marketing surplus, which is why we are sending it to Assam and these pineapples are fully organic certified, he maintained. The Nagaland pineapples will be transported to Nagaon, Tezpur, Golaghat and Diphu districts in Assam. He also congratulated the farmers, especially Molvom and Bungsang, who comes under Molsang Organic Pineapple Farmer Producers Company.

## **SUCCESS STORY OF COVID -19**

In a story of recovery and hope, an elderly couple, aged 93 (male) and 79 (female), successfully recovered from the COVID-19 Hospital at District Hospital, Phek. They were discharged on 8<sup>th</sup> August 2020 in the presence of the Deputy Commissioner, Phek and Superintendent of Police, Phek.

The Department of Health & Family Welfare (H&FW) acknowledged all the medical personnel in all the districts who are tirelessly rendering service despite many hardships. The Department further appealed to the people not to panic and to say 'no to stigma and discrimination,' and to support patients

and their family members. The Department said that through this experience, we are reminded that COVID-19 is recoverable, and that elderly and asymptomatic cases can also be cured at home with proper care.

H&FW department advised the public to follow precautionary measures by wearing masks, to wash hands frequently, maintaining physical distancing and call State Health Helpline number 1800-345-0019 immediately, if they develop any signs and symptoms of cough, fever or difficulty in breathing.

## SIXTH SESSION OF THE 13TH NLA

The sixth session of the 13<sup>th</sup> Nagaland Legislative Assembly (NLA) began with obituary reference to the passing away of the Members of NLA at the State Legislative Assembly, Kohima on 13<sup>th</sup> August 2020.

Obituary reference for five former NLA Members - Khakheho Sukhalu, Noklem Konyak, Dr. T. Myinthungo Lotha, Rev. Lhousuohie Mhasi and Er. Sualemba were made by Speaker, Sharingain Longkumer. The Members observed two minutes silence and paid respect to the departed leaders.

Speaker, NLA said that the sixth session

was called amidst the COVID-19 pandemic as it is mandated by the Constitution. He also informed that the NLA organized a comprehensive COVID-19 test before the session in order to minimize the risk of exposure of the Members and others attending the assembly session. He further added that following all the Standard Operating Procedures of the Government, seating arrangements were also rearranged following the social distancing norms.

The business session began with Commissioner & Secretary reporting the assent of Governor of Nagaland to the following bills: the



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Nagaland Appropriation (No. 1) Bill 2020, the Nagaland Appropriation (No. 2) Bill 2020, the Nagaland Agricultural Produce and Livestock Marketing (Promotion and Facilitation Bill) 2020, North East Christian University (First Amendment) Bill 2020 and the Nagaland Goods and Services Tax (Amendment) 2020.

Chief Minister, Neiphiu Rio introduced and moved the Nagaland Goods and Services Tax (Amendment) Bill 2020 which was considered and passed during the NLA session. The CM, also Minister in-charge of Nagaland State Disaster Management Authority laid the reports/rules of State Disaster Management Plan, Incidents Response System, State Disaster Management Rules and Minimum Standards of Relief.

A total of 27 starred and unstarred questions, most of which were related to COVID -19

and Health & Family Welfare (H&FW) Department related matters were laid in the House and owing to non-supplementary questions from the members, were subsequently passed.

Assembly Committee Reports were presented by Chairman of the Public Accounts Committee, K. Tokugha Sukhalu, Member of the Committee of Public Undertakings, N. Bongkhao Konvak and Member of the Estimate Committee. Toshi Wungtung, Minister, H&FW, S. Pangnyu Phom briefed the House on the status, expenditure and activities of COVID-19 in the State.

The sixth session of the 13<sup>th</sup> NLA was not attended by any Member from the opposition party as the party announced its decision to boycott the one-day session scheduled on 13th August 2020 to 'protect democratic practices and to maintain the sanctity of the NLA.'

#### STATEMENT OF CM ON DISCUSSION OF COVID -19 IN THE STATE

Leader of the House and Chief Minister. Nagaland, Neiphiu Rio put forth a statement on COVID -19 pandemic at the sixth session of the 13<sup>th</sup> Nagaland Legislative Assembly (NLA) session on 13<sup>th</sup> August 2020.

Rio in his statement said that the COVID -19 pandemic has swept the world including our country in the last six months infecting millions of people and causing thousands of deaths. He also stated that unlike other states, Nagaland remain relatively free from the novel corona virus in the initial phase giving precious time for the State to be prepared. Rio also highlighting the current status of positive COVID-19 cases in the State, remarked that so far, there are no cases where we cannot trace the source and hence Health & Family Welfare Department is of the view that there is no community transmission in Nagaland.

CM, Rio said that the frontline workers, doctors and nurses. District Administration and Police, Nagaland State Disaster Management Authority, Municipal authorities, other essential services departments are working 24x7 to deal with multiple challenges brought on by the pandemic. Rio also said that they are working in close coordination with Tribal Hohos, civil society organizations, church organizations and countless volunteers who are giving their invaluable services to handle the crisis.

Rio said that the focus is on improving and upgrading the health infrastructure as well as creating and running Quarantine Centres, COVID-19 Hospitals and COVID Care Centers. He added that the Government has not only created sufficient testing capacities in the State in record time, but also substantially augmented the number of doctors. nurses and other medical personnel, besides roping in private hospitals to supplement the Government efforts in dealing with the crisis.

Rio said that more than Rs. 62 crore has been spent for improving the medical infrastructure and putting in place, systems, equipments and manpower for winning the battle against the pandemic. He said that getting resources has been tough, given the State's overall constraints and reduction in revenues due to the pandemic and lockdown. He further added that after providing

various non-medical interventions like relief to stranded people, distribution of food and dry rations to migrants, needy people, preparation of Quarantine Centres and the entire quarantine arrangements, transport arrangements for bringing people back home, IEC activities, the total expenditure stands at around Rs. 74 crore. The total expenditure taking both the medical and non-medical interventions comes to about Rs. 139 crore, out of which the State Government from its own sources has spent about

Rs. 112 crore, this includes about Rs. 3.35 crore from Chief Minister's Relief Fund, Rio said.

Rio appealed to the people not to panic and not to stigmatize those who might unfortunately get infected, nor the frontline workers who are selflessly working day and night to keep the people safe from the disease. Rio further urged the people to take necessary health precautions at individual, family and community levels and to follow the advisories of the Government.

## **CM RELEASES FIRST NLA JOURNAL**

Chief Minister, Neiphiu Rio released the first Nagaland Legislative Assembly (NLA) biannual journal called 'The Naga Assembly Chronicles' at the sixth session of the 13<sup>th</sup> NLA on 13<sup>th</sup> August 2020.

Releasing the journal, Rio congratulated the Speaker, officers and staff of the NLA for bringing out the first of its kind journal and said that the journal will help in disseminating parliamentary knowledge and provide wide publicity of the happenings in the NLA to all the people.

The first edition journal hopes to broadcast parliamentary knowledge and provide a link between the States's elected Assembly and its various stakeholders. The publication will also serve as a chronicle of events associated with the Legislative Assembly and its Secretariat. The first issue will contain brief write ups on the origin of NLA and profile of the first Assembly. It will also highlight comprehensive account of the activities of the present Assembly Session and other major events and activities associated with it.

## LOKAYUKTA NAGALAND GRANTS PROSECUTION SANCTION

A case was registered on 6th October 2018 against the then Secretary, Horticulture Department and Managing Director, Small Famers' Agri Business Consortium (SFAC), Nagaland, who had issued the work order for the project, 'Post Harvest Management of Horticulture crops in Dimapur Peren, Mokokchung, Tuensang, Phek and Wokha' to the contractor without technical approval. The total amount of the project is Rs. 717.90 lakh and an amount of Rs. 241.30 lakh was released as first instalment. Payment was released to the contractor within four days after the work order was issued when there was no urgency or justification to do so. The project was implemented in private lands instead of the

Department's land. Based on the charges established against the officials and the contractor, chargesheet was submitted to the Lokayukta, Nagaland for grant of Prosecution Sanction against the two retired IAS officers. The Lokayukta Nagaland on 04/08/2020 has granted Prosecution Sanction as per Section 26 of the Nagaland Lokayukta Act against the former Agriculture Production Commissioner and Chairman of the SFAC (N) and former Managing Director, SFAC (N).

Further, chargesheet has been submitted to the District & Sessions Judge and Special Judge, Nagaland Lokayukta on 13<sup>th</sup> August 2020 to proceed with the formal trial.

## H&FW FELICITATE M/S RAMIETECH SOLUTIONS, KOHIMA

The Mission Director, National Health Mission, Dr. Kevichusa Medikhrü felicitated M/S Ramietech Solutions, Kohima for their valuable contribution in the form of IT equipments, telecom equipments, softwares and manpower services towards setting up of Nagaland COVID-19 Toll Free Helpline Interactive Voice Response (IVR) System at the Directorate of Health & Family Welfare, Kohima. The Mission Director said that the contribution was provided by Ramietech Solutions. keeping in mind the urgent requirement of the Department for setting up of a dedicated helpline to address citizen gueries and offer call based services for the benefit of citizens in Nagaland during the COVID-19 pandemic. Dr. Kevichusa added that their generous gesture has helped immensely in mitigating the situation that has arisen during the pandemic.

The felicitation was held at the Office Chamber of the Mission Director, H&FW on the 13<sup>th</sup> August 2020 in the presence of Dr. Khriezotuo Paphino, Joint Director, H&FW and M/S Ramietech Solutions was represented by Khanjimong, Manager of the firm.

## 74TH INDEPENDENCE DAY CELEBRATIONS ACROSS THE STATE

Nagaland celebrated the 74<sup>th</sup> Independence Day at Secretariat Plaza, Kohima on 15th August 2020. In a first of its kind, the State hosted a Virtual Independence Day celebration which was streamed live at MyGovNagaland, Facebook and MyGovNagaland, YouTube channel to ensure safety protocols amidst the COVID-19 pandemic.

Chief Minister, Neiphiu Rio delivering the Independence Day speech stated that from the very beginning, Nagaland along with the rest of the country has faced the COVID-19 pandemic with a firm resolve. Since January 2020, the State has activated the Rapid Response Teams, the District Surveillance Units and the Nagaland State Public Health Emergency Operation Centre and also formed the District Task Forces and started screening incoming passengers and travellers, in addition to closure of all educational institutions and suspension of new Inner Line Permits in March 2020. Further, a High Powered Committee with Chief Minister and Deputy Chief Minister as Chairman and Co-Chairman was also set up to decide policy matters related to COVID-19.

Rio said that along with the preventive measures, the State focused on building, improving and upgrading our health and medical facilities. The State also created quarantine facilities on a war footing by utilizing the existing government

infrastructures. As of 10<sup>th</sup> August 2020, the State has tested nearly 21,170 persons per million population, which is higher than the national average of about 18,770 persons per million. Apart from government facilities, private hospitals are also being encouraged to install and augment testing facilities.

The State Government provided immediate cash assistance to 21,797 people. The lockdown measures also brought distress to the stranded daily wage earners and labourers from within the State as well as of other states working in Nagaland. Rio said that the State Government is working hard to alleviate their problems and has provided food and dry rations to 2,14,020 such needy people. Trains and buses were also arranged to transport 4,500 migrant workers back to their states and the State Government provided a one-time assistance of Rs.10,000 to help 16,135 needy people who opted to stay back outside the State.

Till 10<sup>th</sup> August 2020, more than 21,500 returnees and other travelers have undergone Institutional Quarantine. The CM thanked the doctors, nurses, other frontline workers, District Administration, Police, Municipal authorities, Nagaland State Disaster Management Authority and workers of other essential service departments for their tireless services under very challenging circumstances. He also thanked the church leaders,

mass-based organizations, NGOs and countless volunteers for rendering yeoman service during this unprecedented crisis.

The CM expressed the need for an early and honourable settlement of the Naga political issue. He reiterated the State Government's role in the ongoing political dialogue by making all possible efforts in reaching a logical conclusion. The State Government has carried out consultations with all sections of society including Tribal Hohos, mass based organizations, church leaders, NGOs and all other stakeholders. He also added that through the Joint Legislators' Forum, all the legislators have come together irrespective of party affiliations and political ideologies in the greater interest of peace and political solution. Rio reminded that 23 years of ceasefire and political dialogue is more than enough time to reach a logical conclusion and Nagas have longed for genuine peace for decades and there is a deep desire for an honourable and acceptable solution that will pave the way for all round progress and development. He also suggested that the civil societies discuss among themselves and create a conducive atmosphere with full understanding as one Naga family. Rio further appealed to all sections of society and every citizen, to continue to make their honest contribution for lasting peace and to resolve the issue without further delay.

The CM highlighted on the multiple economic challenges in the State due to the COVID-19 pandemic as it has shown the vulnerability of the State in terms of food sufficiency and the pressing need for creating employment opportunities for the large number of returnees numbering more than 30,000 including students and workers. In response to these economic challenges, a Strategic Committee for Economic Affairs headed by Chief Minister was constituted. Subsequently, Rio said a Core Group consisting of experts in the field and other stakeholders was constituted to work out strategies and action plans to strengthen the State's economy. Special focus is also being given in sectors like upgradation of facilities in healthcare, education, youth resources and sports. As an immediate measure. Rio informed that a digital platform, Nagaland Job Links Portal has been

launched by the Department of Labour and Employment, Skill Development & Entrepreneurship to help connect job seekers and employers for placement in the private sector. Along with that, an e-commerce platform namely Yellow Chain, developed by the Investment and Development Authority of Nagaland (IDAN) has also been launched.

Rio stressed on the importance of the tourism industry on the State's economy. He said that the tourism sector is a key element of "Brand Nagaland" as the State's tourism events have become renowned across the world. Despite the various challenges faced due to the COVID-19 pandemic, he suggested for new initiatives for all round improvement of the tourism eco-system through measures like strengthening of human resources, improvement of infrastructure, upgradation to digital platforms, capacity building and redrawing of tourism strategies. The CM further informed that in order to maintain continuity, the State Government has decided to organize the flagship event of Hornbill Festival in 2020 with a few modifications.

The CM informed that the Department of Rural Development has also responded to the COVID-19 pandemic by giving job cards under MGNREGA to people, including returnees willing to work and earn. He stated that 50% of grant-in-aid to Village Development Boards amounting to Rs.17.50 crore for the year 2019-20 was released which has played a significant role in helping villagers to get essential commodities and setting up of temporary Quarantine Centres at village level during this period. Rio said that the Agriculture and Allied departments, amidst the COVID-19 pandemic lockdown, have responded aggressively by scaling up efforts so as to obviate any farm and consumer crisis. With a view to curb the State's dependency on import of goods, a special drive focused on the theme 'Grow More! Produce More! Earn More!' is being promoted. To further boost development activities in the districts especially in healthcare and agri and allied sectors, an amount of Rs. 30 crore has been released to the districts under Local Area Development Programme, he added.



Rio highlighted that in the backdrop of COVID-19 lockdown, the Department of School Education has come out with innovative education programmes which are being aired on the electronic media such as Tele/Radio, Online Education, Online Evaluation Portal, Teachers App and Continuous Learning & Monitoring Portal. These initiatives, Rio said, have ensured children to continue learning even under these difficult times and prove that dedicated efforts can bring about a paradigm shift in the quality of education especially in government schools.

Rio pointed out that the Task Force for Music and Arts (TaFMA) launched the Sunshine Orchestra Nagaland Chapter in collaboration with Dr. A. R. Rahman's K. M. Music Conservatory, where 20 children have begun their foundational course in violin. He further added that the Hornbill Music Festival of Nagaland and Russia's V-Rox Festival have joined hands as festival partners, to explore avenues and platforms for the exchange of music. art, and culture which brings together two great nations under the platform of two world class festivals. The partnership with V-Rox will not only further boost the Hornbill brand but also provide the stakeholders of the music and arts industry to aspire towards their dreams and ambitions.

Stressing on the law and order situation in the State. Rio stated that it has remained by and large, normal and under control. The proactive steps taken by the District Administration and Police have ensured a peaceful atmosphere. Nagaland Police. Rio said, has been in the forefront on the fight against COVID-19 by converting the Ganeshnagar Special Economic Zone, Dhansiripar, Dimapur and operationalizing the largest Quarantine Facility in the State solely managed by the officers, men and women of Nagaland Police to accommodate 1,027 returnees. All logistics including medical requirements as mandated by the Government's Standard Operating Procedures was managed by Nagaland Police.

Rio mentioned that the pandemic has shown our resilience and our capacity to raise our efficiency, management and planning capabilities to further heights and also to face the challenges on the economic front. He called upon every citizen to work in their own walks of life with the same zeal and spirit that they have shown against COVID-19.



#### **DIMAPUR:**

Deputy Chief Minister, and Minister incharge for Home and Roads & Bridges, Y. Patton unfurled the national flag and took the salute during the 74th Independence Day celebration at DDSC Stadium, Dimapur on 15th August 2020.

Parade Commander for the Independence

Day was Assistant Commissioner of Police. Seyiesezo Peseyie and SM from Commissioner of Police's Office, Dimapur, Lanuchuba was the 2<sup>nd</sup> I/C. Marking the day, parade contingents from the Police Commissionerate Dimapur, and 15th IR Mahila Battalion and band party from the 15th IR Mahila Battalion took part during the celebration.

#### NOKLAK:

Advisor, Fisheries & Aquatic Resources, Economics & Statistics and Evaluation, L. Khumo unfurled the national flag during the 74<sup>th</sup> Independence Day celebration held at Noklak Headquarter on 15<sup>th</sup> August 2020. The Advisor also read out the Independence Day speech.

The contingent from 3<sup>rd</sup> NAP 'F' Coy Noklak led by Platoon Commander, P. Pukha Khiamniungan, Platoon 2, C. Thongo Khiamniungan and Flag Man, Hangtoi Khiamniungan participated in the parade. The national anthem was sung by Hermanas Band of Noklak town.

As part of the first Independence Day celebration of newly formed Noklak district, Energy Efficiency Services Limited (EESL) adopted two villages - Noklak village and Kingjung village, and donated 2,500 LED bulbs for distribution to each village.

As a collaborative effort, the District Administration and EESL have set a period of one year to achieve energy efficiency in the district. EESL is also empowered to set up solar plants in the district. EESL is a Government of India joint venture Public Sector Undertaking under Ministry of Power and is implementing UJALA schemes across the country.

NGOs in the frontline against COVID-19 were felicitated by the Advisor, L. Khumo. Red Cross Society and Social Welfare Department of Noklak made an institutional visit to Community Health Centre, Noklak.

#### **MOKOKCHUNG:**

The 74<sup>th</sup> Independence Day was celebrated at Imkongmeren Sports Complex, Mokokchung on 15<sup>th</sup> August 2020. On the occasion, Minister for Housing and Mechanical, Tongpang Ozukum unfurled the national flag, took the rashtriya salute and delivered the Independence Day speech.

The Parade Commander was ABSI, Tiakumzuk, DEF, Mokokchung and 2<sup>nd</sup> In-Command was Naik Mapusangba, 22<sup>nd</sup> NAP, Pipe Band.

#### MON:

The 74<sup>th</sup> Independence Day was celebrated in Mon at Local Ground on 15<sup>th</sup> August 2020. Minister

for Transport, Civil Aviation, Railways and Land Resources, P. Paiwang Konyak was the Chief Guest. Paiwang unfurled the national flag and delivered the Independence Day speech. Parade review was carried out by DEF, Mon. In view of the ongoing COVID-19 pandemic, only Heads of Offices attended the programme.

#### **TUENSANG:**

Tuensang celebrated the 74<sup>th</sup> Independence Day on 15<sup>th</sup> August 2020 at Parade Ground. Advisor for Information & Public Relations, State Council of Educational Research & Training and Village Guards, Toshi Wungtung was the special guest for the celebration.

Review of parade was carried out by Rajashekara N, IPS, DIG-R NAP. One contingent of DEF and 3<sup>rd</sup> NAP, Pipe Band participated in the parade. The contingent was led by Imtisingba Chang, ABI, DEF as Parade Commander and Ngon Khiamniungan, ABSI as Platoon Commander.

#### WOKHA:

Wokha district celebrated the 74<sup>th</sup> Independence Day at Public Ground, with Deputy Commissioner, Wokha, Orenthung Lotha as the Chief Guest.

The Chief Guest after unfurling the national flag, read out the Independence Day message. March past display was carried out by DEF, Wokha with ABSI, Jhonronthung as the Parade Commander and national anthem was played by 40<sup>th</sup> Assam Rifles, Band Party, Wokha. Flag hoisting was also carried out in all the government offices, institutions, official residence, private residences, shops and business establishments in the district.

#### PHEK:

The 74<sup>th</sup> Independence Day celebration was held at Local Ground, Phek town on 15<sup>th</sup> August 2020 with Deputy Commissioner, Phek, Sachin Jaiswal, IAS as the Special Guest.

The DC unfurled the national flag, took the rashtriya salute and read out the Independence Day



speech. The national flag was hoisted in all the offices, institutions and even in private residences.

#### PEREN:

In Peren, Deputy Commissioner, Sentiwapang Aier unfurled the national flag, took rashtriya salute from the parade contingents and read out the Independence Day speech during the celebration programme of 74<sup>th</sup> Independence Day on 15<sup>th</sup> August 2020, held at Deputy Commissioner's Office Complex, Peren.

To mark the occasion, national flags were hoisted in all government offices, residences and institutions. Special song was also presented by Victoria Haihing and Anthony Zeliang. The programme culminated with beating of retreat by District Executive Force (DEF), Peren.



ADC, Pughoboto, Thungchanbemo Tungoe taking the salute from 8<sup>th</sup> NAP, Naltoqa 'A' Coy during the Independence Day celebration at Pughoboto on 15<sup>th</sup> August 2020.

#### LONGLENG:

In Longleng, the 74<sup>th</sup> Independence Day 2020 was celebrated at Public Ground with Deputy Commissioner, Longleng, M. Shayung Phom as special guest. The DC unfurled the national flag and delivered the Independence Day speech. The national anthem was sung by Nyengching Ward youths.

#### KIPHIRE:

Kiphire district celebrated the 74<sup>th</sup> Independence Day at the Local Ground on 15<sup>th</sup> August 2020 with Minister, Soil & Water Conservation, Geology & Mining, V. Kashiho Sangtam as the special guest. He unfurled the national flag and took salute from the parade contingents of DEF, Kiphire, which was followed by band display by Phelungre Village Guards.

#### **PUGHOBOTO:**

Pughoboto sub-division celebrated the 74<sup>th</sup> Independence Day at Additional Deputy Commissioner's Office on 15<sup>th</sup> August 2020.

Chief Guest, ADC, Thungchanbemo Tungoe unfurled the national flag and took the rashtriya salute from the 8<sup>th</sup> NAP, Naltoqa 'A' Coy, Pughoboto. The Chief Guest also read out the Independence Day speech. The national anthem was sung by SAKK.

SMO, Community Health Centre, Pughoboto, Dr. J Hokuqha Sema, the Heads of Offices in the sub-division, PATC Chairman, Viyikhu Wotsa and others attended the programme.

#### JALUKIE:

Jalukie town celebrated the 74<sup>th</sup> Independence Day on 15<sup>th</sup> August 2020 at Additional Deputy Commissioner's Office, Jalukie. ADC, Jalukie, Dr. Tinojongshi Chang unfurled the national flag. Hoisting of national flag was also carried out in all the government offices, institutions and private buildings.



#### **PFUTSERO:**

Pfutsero celebrated the 74<sup>th</sup> Independence Day on 15<sup>th</sup> August 2020 at Additional Deputy Commissioner's compound, Pfutsero. ADC, Pfutsero, Phuleshe K. Yepthomi unfurled the national flag and took the rashtriya salute and read out the Independence Day speech. The national anthem was sung by 14<sup>th</sup> Assam Rifles 'D' Coy, Pfutsero.





ADC, Tseminyu, W. Manpai Phom taking the salute during the Independence Day Celebration at Tseminyu on 15<sup>th</sup> August 2020.

#### CHIZAMI:

Chizami sub-division, Phek celebrated the 74<sup>th</sup> Independence Day at Sub-Divisional Officer's (Civil) Office on 15<sup>th</sup> August 2020. The special guest, SDO (C), Chizami, Vekuto Vero unfurled the national flag, read out the Independence Day speech and took salute from DEF, Chizami.

#### **TSEMINYU:**

Tseminyu sub-division celebrated the 74<sup>th</sup> Independence Day on 15<sup>th</sup> August 2020. Additional Deputy Commissioner, W. Manpai Phom unfurled the national flag at ADC's Office premises, Tseminyu and took salute from the 4<sup>th</sup> NAP 'B' Coy and DEF, Tseminyu led by Havildar, Tesilo Rengma.

The national flag was hoisted in all the government offices, institutions in Tseminyu town. The celebration was attended by administrative officers, Heads of Offices, DBs and Tseminyu town GBs.



SDO(C), Chizami, Vekuto Vero taking the salute during the Independence Day celebration at Chizami on 15th August 2020.



#### **TENING:**

Tening celebrated the 74<sup>th</sup> Independence Day at Additional Deputy Commissioner's official residence, Tening on 15<sup>th</sup> August 2020. ADC, Rhosietho Nguori, unfurled the national flag and took the rashtriya salute in the presence of government department officials, police personnel and the public.

#### **MELURI:**

The 74<sup>th</sup> Independence Day was celebrated at Public Ground, Meluri. The special guest, Additional Deputy Commissioner, Meluri, Temjen Mhuba unfurled the national flag and took the rashtriya salute from 5<sup>th</sup> NAP which was led by Havildar, Pongro Konyak. The special guest also read out the Independence Day speech. The function was attended by all Heads of Offices under Meluri sub-division.



ADC, Shamator, Lankonsen Tsanglao delivering the Independence Day Address at Shamator on 15th August 2020.

#### **MEDZIPHEMA:**

The 74<sup>th</sup> Independence Day was celebrated at Local Ground, Medziphema on 15<sup>th</sup> August 2020 with Additional Deputy Commissioner, Medziphema, Thsuvisie Phoji gracing the occasion as the Chief Guest.

The Chief Guest unfurled the national flag and took the rashtriya salute and delivered the Independence Day speech. The 11<sup>th</sup> NAP (IR) Battalion, Ruzaphema led by Parade Commander, ABSI, C. Throngok Konyak took part in the celebration. The celebration of the Independence Day programme was attended by Heads of Offices in the sub-division.



SDO (C), Chen, Samuel Konyak taking the salute after unfurling the national flag on Independence Day at Chen on 15<sup>th</sup> August 2020.



ADC, Meluri, Temjen Mhuba taking the rashtriya salute from 5th NAP during the Independence Day celebration at Meluri on 15th August 2020.

#### SHAMATOR:

Shamator celebrated the 74<sup>th</sup> Independence Day with Additional Deputy Commissioner, Shamator, Lankonsen Tsanglao as Chief Guest. Administrative officials, Heads of Offices and other invitees celebrated the event. The national anthem was sung by Shamator town Village Guards.



ADC, Medziphema, Thsuvisie Phoji taking the salute during the Independence Day celebration at Medziphema on 15<sup>th</sup> August 2020.

#### **AGHUNATO:**

Aghunato Headquarter observed the 74<sup>th</sup> Independence Day at Additional Deputy Commissioner's Office Complex on 15<sup>th</sup> August 2020. During the celebration, ADC, T. Moa Lemtor unfurled the national flag and DBs, Aghunato presented the national anthem.

#### CHEN:

Chen Headquarter observed the 74<sup>th</sup> Independence Day at Sub Divisional Officer's (Civil) Office Complex on 15<sup>th</sup> August 2020. SDO (C), Chen, Samuel Konyak unfurled the national flag.



Chief Minister, Neiphiu Rio taking the salute during the Independence Day celebration at Secretariat Plaza, Kohima on 15<sup>th</sup> August 2020.



Deputy Chief Minister, Y. Patton unfurling the national flag during the Independence Day celebration at DDSC Stadium, Dimapur on 15<sup>th</sup> August 2020.



Minister, Civil Aviation & Railways, and Land Resources, P. Paiwang Konyak delivering the Independence Day Address at Mon on 15th August 2020.



Minister, Housing and Mechanical, Tongpang Ozukum delivering the Independence Day Address at Imkongmeren Sports Complex, Mokokchung on 15<sup>th</sup> August 2020.



Advisor, Fisheries & Aquatic Resources, Economics & Statistics, and Evaluation, L. Khumo taking the salute during the Independence Day celebration at Noklak Headquarter on 15<sup>th</sup> August 2020.



Minister, Soil & Water Conservation, Geology & Mining, V. Kashiho Sangtam taking the salute during the Independence Day celebration at Local Ground, Kiphire on 15<sup>th</sup> August 2020.



Advisor, Tourism, and Art & Culture, Khehovi Yepthomi taking the salute during the Independence Day celebration at Zunheboto on 15<sup>th</sup> August 2020.



Advisor, Information & Public Relations, State Council of Educational Research & Training, and Village Guards, Toshi Wungtung taking the salute during the Independence Day celebration at Tuensang on 15<sup>th</sup> August 2020.



Deputy Commissioner, Peren, Sentiwapang Aier taking the salute during the Independence Day celebration at DC's Office Complex, Peren on 15th August 2020.



Deputy Commissioner, Phek, Sachin Jaiswal, IAS taking the salute during the Independence Day celebration at Phek on 15<sup>th</sup> August 2020.



Deputy Commissioner, Wokha, Orenthung Lotha taking the salute from the parade contingent during the celebration of Independence Day at Wokha on 15th August 2020.



Deputy Commissioner, Longleng, M. Shayung Phom taking the salute during the Independence Day celebration at Longleng on 15<sup>th</sup> August 2020.

#### SATAKHA:

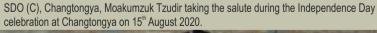
The 74<sup>th</sup> Independence Day was celebrated at Additional Deputy Commissioner's Office, Satakha. ADC, Satakha, T. Kiusumong Tikhir unfurled the national flag and also delivered a short speech. The national anthem was sung by Anganwadi workers.



ADC, Tizit, Pakon Phom delivering the Independence Day Address at Tizit on 15th August 2020.

#### SEYOCHUNG:

The 74<sup>th</sup> Independence Day was celebrated at Additional Deputy Commissioner Headquarter, Seyochung on 15<sup>th</sup> August 2020. ADC, Seyochung, Japheth unfurled the national flag. Rashtriya salute was given by Village Guards, Seyochung, led by Nikihe Chishi, Seyochung Area, VG Commander. All government officials and GBs attended the function.







ADC, Satakha, T. Kiusumong Tikhir delivering the Independence Day Address at Satakha on 15th August 2020.

#### **WAKCHING:**

Wakching sub-division under Mon district observed the 74<sup>th</sup> Independence Day at Sub Divisional Officer's (Civil) Chamber. SDO (C), Relise Sangtam unfurled the national flag and took salute from Village Guards, Wakching. The programme was attended by all the government employees, GBs and DBs.

#### TIZIT:

Independence Day was celebrated at Tizit sub-division on 15<sup>th</sup> August 2020 at Additional Deputy Commissioner's Office premises. ADC, Tizit, Pakon Phom unfurled the national flag and took rashtriya salute from 6<sup>th</sup> NAP, Tizit.



ADC, Seyochung, Japheth after unfurling the national flag on the occasion of Independence Day at Seyochung on 15<sup>th</sup> August 2020.

#### **CHANGTONGYA:**

The 74<sup>th</sup> Independence Day was celebrated at Changtongya subdivision on 15<sup>th</sup> August 2020 at Sub Divisional Officer's (C) Office Complex, with SDO (C), Moakumzuk Tzudir as the Chief Guest. He unfurled the national flag and took salute from DEF, Police Station, Changtongya.

#### ABOI:

The 74<sup>th</sup> Independence Day was observed in Additional Deputy Commissioner's Office premises, Aboi. EAC, Aboi, Lithrila Sangtam as special guest, unfurled the national flag and took salute. All the Heads of Offices, DBs, GBs, attended the function.



ADC, Naginimora, Renabomo Odyuo taking the salute from 'A' Coy, 6<sup>th</sup> NAP jawans on Independence Day at Naginimora on 15<sup>th</sup> August 2020.

#### CHOZUBA:

The 74<sup>th</sup> Independence Day was celebrated at Additional Deputy Commissioner's Office, Chozuba town. ADC, Theodore Yanthan, unfurled the national flag. Delivering the Independence Day speech, the ADC highlighted the challenges and achievements of the Government, especially in regard to the COVID-19 pandemic in the State.



EAC, Pungro, Nuhuta Tunyi taking the salute during the Independence Day celebration at Pungro on 15th August 2020.



#### **NAGINIMORA:**

The 74<sup>th</sup> Independence Day was celebrated at Additional Deputy Commissioner's Office, Naginimora. ADC, Naginimora, Renabomo Odyuo unfurled the national flag and took rashtriya salute from 'A' Coy, 6<sup>th</sup> NAP jawans. Heads of Offices attended the function.



ADC, Chozuba, Theodore Yanthan taking the salute during the Independence Day celebration at Chozuba on 15<sup>th</sup> August 2020.

#### **PUNGRO:**

The 74<sup>th</sup> Independence Day 2020 was celebrated at Additional Deputy Commissioner's Office, Pungro. The national flag was hoisted and rashtriya salute was taken by EAC, Pungro, Nuhuta Tunyi. The national anthem was sung by Government Middle School, Pungro. The celebration was attended by government officials, NGOs and CSOs under Pungro. On the occasion, a team comprising of YBA, SBI, Pungro and BDO, Khongsa visited the hospital at Pungro.

#### **CHIEPHOBOZOU:**

Chiephobozou Headquarter celebrated the 74<sup>th</sup> Independence Day at Additional Deputy Commissioner's Office premises. ADC, Chiephobozou, Vekhoyi Chakhesang hoisted the national flag and took rashtriya salute during the occasion.



EAC, Nokhu, L. Mongo and other officials during the Independence Day celebration at Thonoknyu Headquarter on 15<sup>th</sup> August 2020.

# Married and Colorador

ADC, Chiephobozou, Vekhoyi Chakhesang taking the salute during the occasion of Independence Day at Chiephobozou on  $15^{\rm th}$  August 2020.

#### JAKHAMA:

To mark the 74<sup>th</sup> Independence Day, Sub-Divisional Officer (Civil), Jakhama, Alemyapang Longchar unfurled the national flag at SDO(C)'s Office, Jakhama on 15<sup>th</sup> August 2020.

#### THONOKNYU:

On the 74<sup>th</sup> Independence Day at Thonoknyu Headquarter, the national flag was unfurled by EAC, Nokhu, L. Mongo at Sub-Divisional Officer (Civil)'s Office compound on 15<sup>th</sup> August 2020. All the DBs, GBs, Adhoc Town Committee, NAP and NP attended the programme.

#### MONYAKSHU:

On the 74<sup>th</sup> Independence Day, Sub-Divisional Officer (Civil), Monyakshu, Longtiba Sangtam unfurled the national flag and took salute from the Village Guards at Monyakshu.



SDO(C), Monyakshu, Longtiba Sangtam taking the salute during the Independence Day celebration at Monyakshu on 15th August 2020.

# SDO(C), Angjangyang, Yanithung Ngullie taking the salute during the Independence Day celebration at Angjangyang on 15<sup>th</sup> August 2020.



#### **ANGJANGYANG:**

The 74<sup>th</sup> Independence Day was celebrated at Angjangyang sub-division on 15<sup>th</sup> August 2020. Sub-Divisional Officer (Civil), Angjangyang, Yanithung Ngullie hoisted the national flag and took rashtriya salute from Village Guards, Changlang village. He also delivered the Independence Day message.

#### TOBU:

The 74<sup>th</sup> Independence Day 2020 was celebrated at Tobu Headquarter with Additional Deputy Commissioner, Tobu, Mudongoyi as the special guest. He unfurled the national flag and read out the Independence Day speech.



#### **BHANDARI:**

The 74<sup>th</sup> Independence Day was celebrated at Public Ground, Bhandari, Additional Deputy Commissioner, Bhandari, Tiameren Chang hoisted the national flag and took rashtriva salute during the occasion.



ADC, Niuland, Athrila taking the salute during the Independence Day celebration at Niuland on 15th August 2020.

#### **NEC SHILLONG:**

The 74<sup>th</sup> Independence Day was celebrated at the North Eastern Council (NEC), Shillong. The national flag was unfurled and hoisted by Member of NEC, Professor, Biman Kr. Dutta which was followed by the national anthem. Professor, Biman Kr. Dutta, AIR Marshal, Anjan Kumar Gogoi, PVSM AVSM VSM (Retd.), Members of NEC and K. Moses Chalai, IAS Secretary, NEC briefly addressed the gathering. All the senior officials and the staff members took part in the function.



ADC, Tobu, Mudongoyi taking the salute on Independence Day at Tobu on 15th August 2020.

#### TULI:

The 74<sup>th</sup> Independence Day was celebrated at Additional Deputy Commissioner's Office Complex, Tuli on 15th August 2020. ADC, Tuli, Imsongmeren took the rashtriya salute from DEF. Tuli and read out a short message. All Heads of Offices under Tuli sub-division and GBs attended the programme, maintaining COVID-19 guidelines.



Address at Bhandari on 15th August 2020.

#### NIULAND:

The 74<sup>th</sup> Independence Day was celebrated at Niuland on 15th August 2020. Additional Deputy Commissioner, Niuland, Athrila hoisted the national flag and took rashtriya salute during the occasion.



#### **AWARD RECIPIENTS ON INDEPENDENCE DAY 2020**

The award recipients of Governor's Gold Medal and Governor's Commendation Certificate were announced on the occasion of Independence Day function at Parade Ground, Nagaland Civil Secretariat Plaza, Kohima on 15<sup>th</sup> August 2020.

Shanavas C, IAS, Principal Director, Directorate of School Education, Nagaland; S. Khetoshe Sumi, Havildar, DEF, Dimapur and Rattle & Hum Music Society (RHMS), NGO, Kohima, Nagaland were selected for the award of Governor's Gold Medal.

B. Nellayappan, Assistant Director, Directorate of School Education, Nagaland; Dr. Naieem Mustafa Mansury, IPS, DCP Zone-1, Dimapur and Imlikokba, UBSI, DEF, Mokokchung were selected for the award of Governor's Commendation Certificate.

The Governor's Gold Medal and Governor's Commendation Certificate awardees on Independence Day, 2020 could not be awarded due to the COVID-19 pandemic and they will be awarded the medals and certificates on subsequent Republic Day/Independence Day.

#### GOVERNOR'S AWARD 2020 IN THE FIELD OF ARTS, MUSIC AND LITERATURE

Four awardees for Governor's Award 2020 in the field of Arts and Music were announced on the occasion of 74<sup>th</sup> Independence Day. Three awardees, Buddhi Bahadur Thapa, Bendangnungsang Ao, Kekhrielezo Stephen Mark Medom will be

awarded the Governor's Award 2020 in the field of Arts and the Squadron Band will be awarded in the field of Music. The Governor's Award distribution ceremony will take place on 26<sup>th</sup> January 2021 (Republic Day).

# PRESIDENT'S POLICE MEDAL FOR MERITORIOUS SERVICE AND MINISTRY OF HOME AFFAIRS BEST POLICE STATION AWARD

On the occasion of the 74<sup>th</sup> Independence Day, 2020, the President's Police Medal for Meritorious Service was awarded to N. Chumdamo Jamio, NPS, DIGP (IR), South Police

Headquarter, Nagaland and the Union Ministry of Home Affairs, Best Police Station in Nagaland was awarded to Kiphire Police Station, Kiphire district.

# YELLOW CHAIN: A NEW ERA IN NAGA MARKETING CULTURE

A new era in Naga marketing culture dawned with the official launch of the e-commerce platform, 'Yellow Chain' by Chief Minister, Neiphiu Rio during the Independence Day celebration at Kohima on 15<sup>th</sup> August 2020.

Yellow Chain is a single window ecommerce platform developed by Investment & Development Authority of Nagaland (IDAN) to promote local business and entrepreneurship. It will create opportunity and environment for small time retailers and aspiring entrepreneurs to expand their scope of business opportunities. Yellow Chain is a dynamic, user friendly, easy to use interface designed to create a link between entrepreneurs, retailers and service providers with the citizens by providing integrated services on a wide range of economic activities.

Yellow Chain has been indigenously developed by local talents of Nagaland to address the immediate concerns of the local entrepreneurs from every nook and corner of Nagaland during the COVID-19 pandemic where social distancing has been mandated. Apart from enabling them to engage in economic activities, it also creates space

for any individual with skills to start a new business. Any individual or group who are proactive and ready to work can build their own business enterprise through this platform by creating their own virtual supermarket or shopping mall and transact through digital payment with freedom.

Yellow Chain is built to cater to a range of economic activities not just for selling and buying of products but also to provide opportunity for those in the service sector, such as home service (barber, electrician, plumber, painter, carpenter, water service, etc.), delivery service, IT products and services, cab and taxi service, healthcare and education, fast food and catering, bakeries and

confectioneries, grocery stores, local product / produces, trainings, pre-owned products, real estate, rentals, etc.

Yellow Chain is open for registration to any seller/service provider/individual/group and they can register themselves through a simple registration process via the Yellow Chain portal and upload their products, trades, skills, services, etc. to enable the citizens/buyers to have access to their service or product.

The Yellow Chain site can be accessed at www.yellowchain.in using internet browser from phone, laptop or PC. Yellow Chain App for Android users can also be downloaded from Yellow Chain site.

#### **DEPARTMENT OF H&FW BRIEFS MEDIA**

A press briefing on the COVID-19 pandemic in the State was organised at the Directorate of Health & Family Welfare (H&FW), Kohima by the Principal Director, Dr.Vizolie Z Suokhrie on 19<sup>th</sup> August 2020. The Principal Director was assisted by other officials from the Department.

Dr. Vizolie lauded the efforts and commitment of the State, despite its limited resources, to be able to prepare and face the pandemic. He also informed about various challenging tasks faced by the Department,

including training of frontline workers and equipping the hospitals in various parts of the State. The Principal Director said that initially, there were only three district hospitals with activated Intensive Care Unit, however all the district hospitals, including Jalukie Hospital now have activated ICU. He informed that there are adequate number of ventilators and added that the Department is working together with the army in fighting the pandemic.

The Principal Director expressed concern



over the stigmatization and discrimination of the patients at the community and village level. He said that about 95% of the cases are asymptomatic and that it can be treated at home. He also said that another area of concern is the acceptance of dead bodies. Dr. Vizolie informed that the concerned authority has issued the Standard Operating Procedures for the proper disposal of dead bodies.

In this connection, he asked the various panchayats, colony bodies and others to be rational in dealing with such situations and sought their co-operation in fighting the COVID-19 pandemic.

Dr. Vizolie reiterated that there is no community spread in the State and asked people not to panic and spread rumours. He said that they are able to trace all the contacts and contain the spread of the virus.

# MOKOKCHUNG TOWN AWARDED CLEANEST CITY IN NE INDIA UNDER THE POPULATION OF 25 TO 50 THOUSAND CATEGORY



Mokokchung town has been awarded the Cleanest City in North East India, under the population of 25 to 50 thousand category, by Minister of State for Housing and Urban Affairs, Hardeep Singh Puri on 20<sup>th</sup> August 2020, during a virtual programme of the 'Swachh Mahotsav 2020,' organised by the Ministry of Housing and Urban Affairs.

Chumukedima, under Dimapur district was awarded the Best Self Sustainable City in North East India, under the population of 25 to 50 thousand category, while Pfutsero bagged the Best City in Innovation and Best Practices in North East India, under the population up to 25 thousand category. The presentations were made by Secretary, Housing and Urban Affairs, Durga Shanker Mishra, IAS.

Indore was announced as India's cleanest city for the fourth year in a row. Minister, Hardeep Singh Puri also interacted with select beneficiaries, Swachhagrahis (Clean India Warriors) and Safaikarmis (sanitation workers) under the Swachh Bharat Mission-Urban (SBM-U), during the virtual programme.

Swachh Survekshan 2020, a cleanliness survey covering 4,242 cities, 62 Cantonment Boards

and 92 Ganga Towns based on their cleanliness quotient was completed in 28 days, wherein a total of 129 top performing cities and states were awarded by the Minister.

Advisor, Urban Development and Municipal Affairs, Dr. Neikiesalie Kire, who attended the virtual programme of the 'Swachh Mahotsav 2020' at the State NIC Conference Hall, Civil Secretariat, congratulated the three winning towns of Nagaland. He stated that within a short span of time, three Urban Local Bodies (ULB), out of 39 ULBs in the State were selected for the award and termed it a great achievement for Nagaland. The Advisor pointed out that the achievement is possible due to the active participation of the citizens and congratulated them for their efforts. He also expressed hope that there would be better participation from other ULBs of the State as well in the upcoming Swachh Survekshan 2021.

The virtual programme was also attended by Principal Secretary, Urban Development and Municipal Affairs, Himato Zhimomi and other senior officers of the Department.

## NAGALAND GIS & REMOTE SENSING CENTRE RELEASES BOOK ON GEOSPATIAL WATER RESOURCES

Minister for Planning & Co-ordination, Land Resources and Parliamentary Affairs, Neiba Kronu on 21st August 2020 released a 2 (two) Volume Report of the Project "Geospatial Water Resource Map of Nagaland" at the Office of Nagaland GIS & Remote Sensing Centre, Kohima. The project, funded under North Eastern Council, is titled "Conducting a detailed survey on the water resource" potential in Nagaland, including preparation of report on potential of river," and is undertaken by the Nagaland GIS & Remote Sensing Centre under Planning & Co-ordination Department.

Speaking at the event, Kronu stated that the report shall provide impulsion in the development of hydro-electric power, irrigation and drinking water availability, as well as for monitoring of water quality and quantity in the State. The Minister informed that State line departments such as Water Resources. Power, New & Renewable Energy, Land Resources. Public Health Engineering, Disaster Management, etc. would greatly benefit from the generated geospatial database as it would provide them with tools to plan with more precision and accuracy in the area of water resource programmes and schemes. Kronu also highlighted the problem of traffic congestion in Kohima and Dimapur, for which, he said an intensive study is being undertaken by the Centre to provide for viable recommendations to the Government for immediate action.

Project Director, Nagaland GIS & Remote Sensing Centre, Mhathung Kithan stated that the project has been carried out with thorough research and intensive field survey with special emphasis on surface water resource management and development of Hydro-Electric Power (HEP) generation potential of the State. He informed that the report contain mapping of the entire river system, drainage network, drainage pattern and preparation of large scale watershed delineation, morphometric analysis of the 22 watersheds. surveys and assessment of surface water runoff/discharge in more than 100 different locations across the State.

Principal Investigator for the project, Chubawati gave a brief overview of the technicalities and process through which the project was carried out.

Other activities and studies undertaken by the Centre includes GIS in Crime Study, Unmanned Aerial Vehicle (UAV), Village Resource Mapping, Real World Terrain Modeling, Space Based Information Support for Decentralised Planning (SIS-DP), Geomorphology and Lineament Mapping, etc. which provides for a vast pool of information and data that are highly useful for the planning and execution of the schemes and activities of the various other line departments of the State.

The programme was attended by Advisor for Treasuries & Accounts and National Highways, Dr. Longriniken, Advisor for Water Resources, Namri Nchang, Additional Development Commissioner, Nosazol Charles, Deputy Development Commissioner, Augustine M Yanthan and officers from the State GIS & Remote Sensing

## SURVEILLANCE AND MONITORING OF LUMPY SKIN DISEASE

The Directorate of Animal Husbandry & Veterinary Services has informed that there are reports on emergence of Lumpy Skin Disease in cattle, in the neighbouring state of Assam.

The Lumpy Skin Disease is caused by Poxviridae family virus characterised by fever, multiple nodules on the skin and enlarged superficial lymph nodes with mortality ranging from 1-3%. It causes huge economic losses in the form of drop in milk production, reduced skin quality and restriction of trade/movement.

In view of this, the Department has requested

all CVOs to be on high alert by carrying out strict surveillance/monitoring on the occurrence of the disease in the State through the Veterinary Institutes in respective districts. Further, the Department has instructed all district officers to issue a red alert instruction to all the Check Gates within their iurisdiction for control of diseased /suspected animal movement. Furthermore, the CVOs of Peren. Dimapur, Wokha, Mokokchung, Longleng, Mon have been requested to send the report of disease outbreak, if any, to the Directorate immediately.

## DEPARTMENT OF S&WC ACCORDS FAREWELL

The Department of Soil & Water Conservation (S&WC) accorded a farewell to its

outgoing Director, Viliehu Nguzhü in a programme conducted in his honour at the Directorate's Conference Hall, Kohima. Joint Director, Hovuto Zhimomi on behalf of the Department acknowledged that Nguzhü is a man of integrity who is approachable by all ranks and files of the Department and that, his humility and sincerity are appreciable virtues to be looked upon by all.

Lauding the outgoing Director, Minister, Soil & Water Conservation, Geology & Mining, V. Kashiho Sangtam said that Nguzhü is a man of positive attitude who has been a true leader and a good officer. He encouraged him to continue serving the society with the same zeal and enthusiasm.

Joint Secretary to the Government of Nagaland, Tsobahü Rhakho, while appreciating Nguzhü said that the Department has been enriched with his guidance and leadership during his directorship.

The incoming Director, K. Zhekheto Awomi praised Nguzhü and said that he has set an exemplary and a high benchmark for the Department. He said that Nguzhü had conducted himself in an impeccable manner and upheld the working ethics with much prudence.

In his last speech as the Director of Soil & Water Conservation, Viliehu Nguzhü expressed gratitude to God for the successful completion of his service life. He also thanked the Minister, Commissioner & Secretary and departmental staff for rendering full support and cooperation during his years of active service. While exhorting the Department, he said that the Department can shine if only concerted effort is made by every individual selflessly.

# BRIEFING ON COVID-19 IN NAGALAND ON 31<sup>ST</sup> AUGUST 2020

Principal Secretary, Home, Abhijit Sinha, IAS during the briefing on COVID-19 in Nagaland on 31<sup>st</sup> August 2020 said that the State Government has issued new consolidated guidelines on lockdown measures for strict implementation with effect from 1<sup>st</sup> September 2020 throughout the State of Nagaland up till 30<sup>th</sup> September 2020.

Schools, colleges, educational and coaching institutions for students, for regular class activity will continue to remain closed across the State of Nagaland up till 30<sup>th</sup> September 2020. However, online distance learning shall be permitted.

Social/academic/sports/entertainment/cult ural/religious/political functions and other congregations will continue to remain prohibited. However, with effect from 21st September 2020, such functions and congregations will be permitted with a ceiling of 100 persons, and with mandatory wearing of face masks, social distancing, provision for thermal scanning and hand wash or sanitizer. Further, marriage related gatherings with number of guests not exceeding 50 and funeral/last rites related gatherings with number of persons not exceeding 20 will continue to be allowed up to 20<sup>th</sup> September 2020, after which the ceiling of 100 persons will apply. Cinema halls, swimming pools, entertainment parks, theatres, auditoriums and similar places will continue to remain closed.

Any inbound traveller/returnee will be permitted to enter the State, subject to the normal Inner Line Permit (ILP) restrictions, wherever applicable, and the health safety protocols, through Dimapur by train, air or by road through the New

Field Check Gate and the Dillai Gate, and by road through Khuzama, Kohima district, Tsutapela and Watiyongpang, Mokokchung district, Naginimora and Tizit, Mon district and Bhandari, Wokha district. Entry into the State through any other route, or by any other mode of travel will not be allowed, except under special circumstances with the approval of the Home Department.

The movement of goods vehicles entering or transiting through the State shall be allowed through the above mentioned points of entry, after proper medical screening of the drivers and attendants of those vehicles.

The International Border of the State with Myanmar shall continue to remain sealed as before.

There shall be no restriction on the intra and inter district movement of people across the State. The intra and inter district movement of private and passenger vehicles of every category is permitted across the State with conditions for ensuring social distancing.

Shops and outlets of all categories and Departmental Stores will be allowed to open as per normal hours. Shops and hawker stalls of all categories located in marketing complexes and crowded areas like Hongkong Market, New Market in Dimapur Town, BOC Market in Kohima, etc. are allowed to open and operate with the condition that a certain percentage of the shops of the market, as decided by the respective Deputy Commissioner will open in turns so as to avoid overcrowding, and ensure social distancing.

The Principal Secretary informed that an order has also been issued on 31<sup>st</sup> August 2020 for

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opening of shopping malls, restaurants, hotels and other hospitality units, gymnasiums, barber shops, salons in the State, outside the Containment Zones, subject to strict compliance of the Standard Operating Procedures (SOPs).

The sport complexes and stadia are also allowed to open, without the presence of spectators. All agriculture and allied activities, forest activities, plantation activities and animal husbandry activities will continue to be permitted with social distancing measures. All construction activities, including roads, irrigation projects, buildings and all kinds of industrial projects will continue to be permitted with social distancing measures.

The Civil Secretariat and Directorates in Kohima and Dimapur and all the Government offices in the districts shall continue to function with attendance of officers of Deputy Secretary and above in the Secretariat, and Deputy Director and above in the Directorate and the Head of Office and immediate junior in the District Offices being mandatory. For other categories of officers and staff, as being done presently, a roster system shall be worked out whereby 50% staff attends office every alternate week.

District Administration, Police, Security Forces/Agencies and medical and essential service providers like Treasuries & Accounts, Fire & Emergency Services, Home Guards & Civil Defence, Prisons, Public Health Engineering, Power, Nagaland Informatics Centre, Information & Public Relations, Postal Services, Food & Civil Supplies, Social Welfare, Information Technology & Communication, Veterinary & Animal Husbandry, Municipalities/Councils, All India Radio, Doordarshan, BSNL, Public Sector Banks, ATMs shall continue to operate as per the current arrangements.

Private banks, ATMs, pharmacies, medical clinics, nursing homes, private telecom services, internet service providers, media houses, LPG, petroleum outlets will continue to open/function as per the existing arrangements. All other kind of private offices/establishments are permitted to open/function with social distancing norms. All categories of industries will be permitted to operate subject to social distancing norms.

Lockdown shall remain in force in the containment zones till 30<sup>th</sup> September, 2020. Containment Zones shall be demarcated by the district authorities at micro level with the objective of effectively breaking the chain of transmission. Strict containment measures will be enforced in these containment zones and only essential activities will be allowed.

In order to implement the lockdown measures, the Deputy Commissioners will deploy Executive Magistrates as Incident Commanders in the respective local jurisdictions. The Deputy Commissioners shall not issue any order diluting the above guidelines. Further, outside the containment zones, no order shall be issued imposing any additional or stricter lock down measures at District/Sub-Division/Circle or any other level. except with the previous approval of the Government.

The Principal Secretary informed that the total number of COVID-19 positive cases in the State as on 31<sup>st</sup> August 2020 is 3,950. Out of the 3,950 positive cases, the total active cases are 874 and there are 8 deaths. As per the severity of symptoms, 862 active cases are asymptomatic, 11 active cases are mild and 1 active case is moderate. Further, out of the 3,950 positive cases, the distribution across various categories of people are: 1,692 cases from Armed Forces, 1,260 cases from Returnees, 283 cases from Frontline Workers and 715 cases from Traced Contacts.

Till 31st August 2020, through RT-PCR, results of 37.067 samples have been received. On TrueNat, results of 23, 081 samples and through Rapid Antigen Test, results of 717 samples, have been received. Altogether, results of 60,865 samples have been received. A total of 1,155 persons are presently under facility quarantine.

## STATE GOVERNMENT ANNOUNCES SEVEN DAYS MOURNING

With the demise of Pranab Mukherjee, former President of India at Army Research and Referral Hospital, New Delhi on 31st of August 2020, the State Government of Nagaland has announced seven days state mourning which will be observed throughout Nagaland from 31st

August 2020 to 6th September 2020, both days inclusive. During the period of State mourning, the national flag will fly at half mast on all buildings throughout the State where it is flown regularly and there will be no official entertainment.

#### **ZUNHEBOTO DTF ISSUES REVISED GUIDELINES**

The Zunheboto District Task Force (ZDTF) and ZCMC held a meeting on 1<sup>st</sup> August 2020 and resolved to enforce the revised guidelines to be enforced with effect from 3<sup>rd</sup> August 2020 till further order.

ZDTF decided that inter-district travellers coming into Zunheboto should compulsorily produce Medical Fitness Certificate with movement permit from the authorities of the concerned districts, and those travelling without proper documents shall not be allowed to enter the district.

Further, in an order, the Deputy Commissioner and Chairman, ZDTF, Peter Lichamo notified that those coming in from other districts to Zunheboto district shall remain under home quarantine for a period of seven days. He also notified that total lockdown in the district shall be imposed on every Wednesday and Friday. Wearing of face masks and maintenance of social distancing shall continue and defaulters shall be penalized as per the order.

#### **COVID-19 AWARENESS PROGRAMME AT MON**

Public Health Engineering Department (PHED), Mon division organised an awareness programme on COVID-19 at PHED Store, Mon on 3<sup>rd</sup> August 2020. The programme was sponsored by Sanitation and WSSO, PHED, Kohima.

A short speech was delivered by Medoseto

Kiso, IEC Consultant, Mon in which he emphasised on the importance of personal hygiene and sanitation, social distancing, proper use of face mask, regular hand washing with soap and use of hand sanitizers. A poster campaign was also conducted in and around Mon town.

## PEREN DTF HOLDS MEETING

Peren District Task Force (PDTF) on COVID-19 held a meeting on 3<sup>rd</sup> August 2020 at Conference Hall, District Headquarter, Peren under the chairmanship of Deputy Commissioner (DC), Peren-cum-PDTF Chairman, Sentiwapang Aier. The meeting was also attended by Nagaland Zeliang People's Organization (NZPO) President, Kevipelie Iheilung and General Secretary, Kingudi Joseph.

A briefing on the current COVID-19 scenario in the district was made by DSO, Peren, Dr. Hedungkeibe. He highlighted the issues of lodging for frontline workers, paid testing and shifting of Heningkunglwa Check Gate to Punglwa.

After deliberations, the Board decided that Centre Point Hotel at Jalukie which can accommodate 30 persons shall be used for Quarantine Facility for healthcare workers. Hotel

Holiday Inn, Peren town and Home Stay shall be discontinued and Aine Nursing Home at Jalukie will be continued as non-COVID Hospital till further discussions.

Regarding inter-district movement, the Board decided that all commercial vehicles carrying passengers should be stopped, and selected vehicles as approved by the respective Block ADCs for carrying goods shall only be allowed.

For travellers, option is to be provided to either enter the district where they have to get paid COVID-19 testing and be quarantined for seven days with paid food, or to go back and return after 14 days. Travel to other districts or inter-district via Poilwa is to be totally restricted.

Travellers entering the district on foot shall either be kept in Police Quarantine or Paid Quarantine.

## TUENSANG DPDB MEETING HELD

The Tuensang District Planning & Development Board meeting (TDPDB) was held at

Deputy Commissioner's (DC) Conference Hall on 6<sup>th</sup> August 2020 after four months break due to COVID-

19 pandemic.

The meeting was chaired by DC and Vice-Chairman, TDPDB, Tuensang, Kumar Ramnikant, IAS, which was conducted following necessary guidelines as prescribed, to prevent the spread of COVID-19.

The TDPDB forum approved the Local Area Development Programme schemes for seven

assembly constituencies for the session 2019-2020.

The agenda on upgradation of Themjen Memorial School, Kuthur village from class VIII to class IX was also discussed, which will be forwarded to the School Education Department for approval.

The deplorable condition of the National Highway between Mokokchung and Tuensang was also deliberated upon.

# LONGLENG DPDB MEETING APPROVES VARIOUS AGENDA

Longleng District Planning & Development Board (LDPDB) meeting was held on 6<sup>th</sup> August 2020 at Deputy Commissioner's (DC) Conference Hall under the chairmanship of DC-cum-Vice Chairman, LDPDB, M. Shayung Phom.

During the meeting, details of temporary station for Emergency Fire Services in Longleng town were discussed. Agenda deliberated included Local Area Development Programme scheme 2020-2021, Longleng District Badminton Association (LDBA) approach for financial support to organize All Nagaland Badminton Tournament at Longleng, construction of Additional Deputy Commissioner quarter at

Longleng, and Officers' Club, Longleng constitution.

The DC extended his gratitude to all the departments and officers for donating and helping towards COVID-19 pandemic and contributing towards renovation of Longleng-Changtongya road. He called upon all HoDs and officers to be at station as per directive by the Chief Secretary, and also avoid travelling during this time of pandemic, as it may increase COVID-19 cases in the district. The spread of corona virus is under control in the district, he said, and requested all to cooperate with the Health & Family Welfare Department.

## DC DIMAPUR CONVENES DIMAPUR DTF MEETING

Deputy Commissioner (DC), Dimapur, Rajesh Soundararajan, IAS convened and chaired the Dimapur District Task Force (DTF) meeting on 7<sup>th</sup> August 2020.

In the meeting, the DC explained and highlighted on the latest Standard Operating Procedures issued by Government of Nagaland on 4<sup>th</sup> and 5<sup>th</sup> August 2020. He advised the members on sensitising the people on COVID-19 so that issues of stigma and discrimination are avoided.

Commissioner of Police, Dimapur, Rothihu Tetseo reminded that DTF is the highest governing body of the district and urged upon the members for working as a team.

MS, Dimapur, Dr. Kuveduyi Theyo said that the present SOPs have been framed very wisely and observed that workload of medical personnel would be lighter as far as COVID-19 is concerned, and expressed that the hospitals would be able to prioritise emergency cases.

CMO, Dimapur, Dr. Mereninla Senlem shared on the need for more manpower for surveillance and contact tracing. In surveillance work, anyone from non-medical background can also help, she added. CMO asserted that COVID-19 is not only medical problem but a collective problem, and said that civil societies have a big role in it.

Clarifying the apprehension of some CSOs, Deputy CMO, Dr. Antoly informed that although, initially the COVID-19 positive cases of para military forces were housed in the COVID Hospital Dimapur, presently there are no security personnel in District Hospital Dimapur since the past one month, as they have all been shifted to their own centres.

Director, Christian Institute of Health Sciences & Research, Dr. Sedevi opined that dead bodies need not be tested for ascertaining COVID-19 status, mentioning that it is just wastage of time.

He also suggested for providing TrueNat to all the private hospitals, through PPP mode by signing a MoU. In this regard, DC, Dimapur said that he would discuss with the Health & Family Welfare Department and put it up to the Government.

In the meeting, many expressed concern on the issue of harassment and barring of medical personnel and other frontline workers in their colonies/villages. The issue of lifting the lockdown at Dimapur was also suggested by several members.

DC, Dimapur, Rajesh Soundararajan asserted that calibrated reopening will be chalked out as per the suggestions of the members. He directed Administrator, Dimapur Municipal Council to form a sub-committee under his convenorship and chalk out a plan best suited in the local context.

# KOHIMA DTF DISCUSS ON BENEFITS OF LOCKDOWN

The Kohima District Task Force (KDTF) on COVID-19 discussed the benefits of the 14 days lockdown within Kohima municipal area under Kohima Sadar jurisdiction from 25<sup>th</sup> July to 7<sup>th</sup> August 2020, during its meeting held at Deputy Commissioner's (DC) Office Chamber, Kohima on 7<sup>th</sup> August 2020.

The meeting chaired by DC and Chairman, KDTF, Gregory Thejawelie was attended by Legislator in-charge of Kohima district, Advisor, Urban Development and Municipal Affairs, Dr. Neikiesalie Kire and other KDTF members.

Evaluating the positive aspects of the two weeks total lockdown in the district, the KDTF felt that the lockdown period has facilitated the medical team in contact tracing and surveillance activities, which enabled them to handle the task in more efficient and better manner.

Briefing the members on the advantages of lockdown, CMO, Dr. Vezokholu said that during the lockdown period, shifting of positive cases to COVID Hospital/Care Centre, shifting of persons to sample collection site and sealing of the epicentre areas were made much easier as most of the positive cases were reported from outside the Quarantine Centres (QCs). She also added that people were made more aware and disciplined which helped the medical team to track the contacts outside the QCs effectively.

MS, Naga Hospital Authority Kohima (NHAK), Dr. Visasieü also pointed out that most of the primary and secondary contacts of Nagaland Legislative Assembly and Chief Minister's Bungalow were traced, tested and isolated. Chain of local transmission among the public was reduced and more awareness is being created on compliance of the precautionary measures, she added.

DSO, Dr. Aseno also stated that the lockdown has reduced the workload of lab technicians who have been working tirelessly at BSL-3 at NHAK and medical team as well. The number of contact tracing for testing outside the QCs has become less which ultimately resulted in less positive cases at COVID Hospital and COVID Care Centre.

The KDTF also took up issues with regard to setting up of TrueNat machine in sub-divisions under Kohima district and decided to propose for installation of TrueNat machine in all four blocks i.e. Tseminyu, Chiephobozou, Sechü Zubza and T. B. Hospital, to the Government. On Paid Facility to be implemented at K. Badze QC from 10<sup>th</sup> August 2020 as per the 4<sup>th</sup> August SOPs notified by the Home Department, the KDTF has decided to charge Rs. 300/- (per day for lunch and dinner) to all the returnees/travellers who are at the Quarantine Facility from 10<sup>th</sup> August 2020 onwards.

# DC WOKHA EXTENDS RESTRICTION OF INTER-DISTRICT MOVEMENT

Deputy Commissioner (DC), Wokha and Chairman, Wokha District Task Force for COVID-19, Orenthung Lotha informed that, in the interest of public health and safety and taking into consideration the reports of positive COVID-19

cases in Wokha district, and in order to contain and prevent the spread of COVID-19, starting from 8<sup>th</sup> August 2020 till further order, all inter-district movement of vehicles shall remain closed except for movement of essential commodities, security

forces, emergency medical services and person/departments on bonafide government duty.

Vehicles carrying essential commodities will be thoroughly frisked at all the inter-state and interdistrict check gates and the police personnel manning the check gates are to ensure that only the driver/handyman with valid permit and ID card are to be allowed entry into the district.

All returnees bound for Wokha, whether from outside Nagaland or from other district of Nagaland are directed to compulsorily report at Government Higher Secondary School, Wokha (GHSS), Common Reception Point for screening and registration by the Medical Team.

## DC KOHIMA LIFTS TOTAL LOCKDOWN

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Deputy Commissioner (DC), Kohima, Gregory Thejawelie has informed that the total lockdown under Kohima Municipal Area under Kohima Sadar jurisdiction, promulgated on 25<sup>th</sup> July 2020 till 7<sup>th</sup> August 2020 will be lifted from 8<sup>th</sup> August 2020.

For market opening days and timings, the terms and conditions stipulated as issued vide the DC Office Order NO.DCK/COM/COVID-19/2020/ A/567 dated Kohima the 18th June 2020 shall continue to remain in force.

## KOHIMA DTF HOLDS INTERACTIVE MEETING WITH REPRESENTATIVES



The Kohima District Task Force (KDTF) on COVID-19 held an interactive meeting with the leaders and representatives of all 19 wards under Kohima municipality on 8th August 2020 at Kohima Local Ground. The meeting was organised in order to improve coordination and understanding between the KDTF and the community leaders so as to contain the spread of the COVID-19 virus and to handle the overall situation smoothly and more effectively.

Advisor, Urban Development and Municipal Affairs and Legislature in-charge of Kohima district. Dr. Neikiesalie Kire also attended the meeting wherein he addressed the gathering about the urgent need to practice social distancing and to promote healthier lifestyle and maintain personal hygiene. He called upon everyone to contribute in every way possible in the fight against COVID-19.

Deputy Commissioner, Kohima and Chairman, KDTF, Gregory Thejawelie said that there is a need for behavioural change and to accept the new normal in order to survive during the pandemic. He also added that we all need to change our lifestyle and develop new habits which will ultimately contribute a great deal to the fight against COVID-19. He thanked all the ward leaders for all their efforts and selfless contributions to the society.

Angami Youth Organization, President,

Kekhrie Pfukha also addressed the gathering and highlighted the need for sensitization among the general public regarding the stigma and discrimination against infected persons and their families, and informed that AYO would be carrying out a sensitization campaign throughout Kohima municipality with regard to the issue.

Neibulie Kiewhuo, President, AKMWP spoke on behalf of all the wards and further stressed on the need to practice social distancing and to maintain a healthy lifestyle. He also paid tribute to the sacrifices made by the frontline workers and

thanked everyone who have been working tirelessly for months for the welfare of the people of Kohima.

Dr. Joyce Angami and Dr. P. Ngully highlighted on the need to educate the public and to stop the stigmatization and discrimination of infected persons and instead treat them as assets to society as they are the catalysts that can slowly trigger herd immunity and stop the chain. Dr. P. Ngully also spoke on the importance of mental health during such crisis and encouraged everyone to have a positive approach to life at such trying times.

#### **DC DIMAPUR CAUTIONS**

With cases of obstruction of entry and exit of health workers and frontline workers from their wards/colonies for performing duties by some individuals or group of individuals, the Deputy Commissioner (DC), Dimapur, Rajesh Soundararajan in an order informed that support and cooperation from all is required in the fight against COVID-19.

The DC cautioned that any individual/

organization issuing unwarranted directives/ statement which infringes on individual rights and in violation of government orders will be liable to be punished under Section 3 of the Epidemic Diseases Act, 1897 and Section 188 of the Indian Penal Code (IPC). The DC further requested the concerned village/colony authorities to take cognizance of the same and intervene if such situation arises.

# PEREN DTF FIXES RATES FOR QUARANTINE FACILITIES

Peren District Task Force (PDTF) for COVID-19 meeting was held on 10<sup>th</sup> August 2020 at Deputy Commissioner's (DC) Chamber, Peren under the chairmanship of DC, Peren, Sentiwapang Aier. The meeting was also attended by representatives from Joint Action Committee (JAC), NZPO President and ZSU (N) President.

The Board deliberated on the requirement to identify additional structures for Quarantine Facility and COVID Care Centre. In this regard, Veterinary College Girls Hostel and Zeliangrong Baudi Hall were identified for use as Quarantine Facility, while St. Xavier College Auditorium and

Government Higher Secondary School, Chapel Hall will be used as COVID Care Centre.

With regard to Quarantine Centres managed and arranged by the District Administration, the Board Members also decided to start charging food fees at a minimal rate from 10<sup>th</sup> August 2020 onwards, and for which it has fixed the rate from Rs. 300 to Rs. 350, per person per day.

Regarding transportation of returnees from Dimapur and Kohima, the Board entrusted the civil societies headed by the JAC to approach the two elected MLAs of Peren district to assist the administration in managing the transportation services/expenses.

#### TOTAL LOCKDOWN LIFTED AT MON

The total lockdown under Mon district and Mon Sadar sub-division has been lifted on 10<sup>th</sup>

August 2020. Deputy Commissioner, Mon, Thavaseelan K has informed that the following



guidelines will be in force in whole of Mon district till further orders.

Every person should treat himself/herself as an asymptomatic carrier of COVID-19 and should take necessary safety precaution to break the chain of transmission. Stigmatization of returnees released from the Quarantine Centres is strictly prohibited. Wearing of face mask is compulsory in public places and in the work places and during transport. A fine of Rs.100 will be imposed for violation. Individuals must maintain a minimum distance of six feet in public places/workplace. Spitting in public places is strictly prohibited. Consumption of paan, gutka, tobacco is strictly prohibited. Used face mask and gloves should be disposed off in a designated waste pit and burnt by individual households. Person above 65 years of age, persons with co-morbidities (hypertension, diabetes, heart disease, kidney disease, lung disease, etc.), pregnant women and children below the age of 10 years are advised to stay at home except for essential/medical purposes.

Large public gathering for social, cultural, religious or academic purpose will continue to remain prohibited. Not more than 20 people at a time will be permitted in case of funerals. The concerned Ward/Village Task Force are to strictly enforce these provisions.

As per the order, all shops will remain open on Monday to Saturday from 9:00 am to 2:00 pm. The shop owners and sales girls/boys are directed to compulsorily wear face mask and hand gloves. No shop owner will sell goods to customers who are not wearing face mask. All shops/business establishments/fuel stations/banks/ATMs and any other establishments have to keep date wise information (names, address and contact number) of customers visiting their shops to facilitate contact tracing. The register should be submitted to the administrative officers for verification every 1st and 3<sup>rd</sup> Saturday after 2:00 pm. Shop owners shall ensure physical distancing among the customers. All shops to install hand sanitizers/water and soap outside their shops and ensure that the customers wash their hands before entering the shop. All shops owners will sell goods to customers only upon production of the colour coded public movement permit, authorization letter issued by the district administration or concerned village council.

As per the order, hair cutting salons and beauty parlours, hotels and dine-in restaurants. home delivery is permitted only 50% staff at any point. Any further restrictions/relaxations will be notified by the respective area administrative officer.

Color coded public movement permit will be allowed for one person per household for procuring essentials commodities, withdrawing cash from Banks/ATMs medical emergencies. Mon town is divided into three zones, household lying in a particular zone will be allowed to come out only on the days assigned to them. To ensure strict regulation of the movement of private vehicles, owners if caught without any vehicle movement permit/ individual movement permit their vehicles will be seized immediately. Not more than three persons will be permitted in a small vehicle and social distancing norms should be followed at all times. Not more than one person is allowed in a two wheeler. Intra-district movement of people and private vehicles is prohibited except for medical emergency, official duty/COVID-19 related duty.

Vehicles plying from Assam carrying essential commodities for Mon town and respective sub-division will be allowed on all days except Saturday and Sunday. The SOPs for transportation of essential commodities issued by the District Administration is to be strictly adhered too. Only two vehicles per village and duly authorised by the Village Council will be permitted entry into Mon town for procuring essential commodities and goods. For private individuals and shops desiring to procure essential commodities on their own, prior approval should be obtained from the District Administration, Mon.

The total lockdown will continue to remain enforced in the containment zones unless notified otherwise. All activities within a containment zone will be strictly monitored by the Ward Task Force/Block Level Task Force/Village Task Force for delivery of essential goods and services. Any person found violating these measures will be liable to be prosecuted against, as per the provisions of Section 51 to 60 of the Disaster Management Act 2005. besides legal action under Section 188 of the IPC and other legal provisions as applicable.

#### SECURITY CO-ORDINATION MEETING HELD AT WOKHA

Security co-ordination meeting headed by the Deputy Commissioner and Chairman, Wokha District Task Force (WDTF) for COVID-19, Orenthung Lotha was held on 11<sup>th</sup> August 2020 at his Official Chamber.

Superintendent of Police, Wokha, Imtitoshi, Col. K.S Gill, Commandant 40<sup>th</sup> Assam Rifles and IO,

SIB, Wokha, Sukupu Sema also attended the meeting.

The meeting discussed monitoring of all check gates and entry points by the police personnel which will be strictly carried out to control unregulated movement of vehicles and people, extortion and other unwarranted actions from fringe elements.

#### **GRADUAL REOPENING OF SHOPS IN DIMAPUR**

Considering the welfare of the public as well as the traders, Dimapur District Task Force (DDTF) approved the report of the sub-committee headed by Administrator, Dimapur Municipal Council (DMC), Albert Ezung for gradual reopening of shops under Dimapur district.

In an emergency meeting of DDTF convened by Deputy Commissioner (DC), Dimapur, Rajesh Soundararajan, IAS, on 13<sup>th</sup> August 2020, the members agreed for opening of all categories of shops and also decided for closure of all shops every Wednesday. However, shops dealing with essential commodities would remain open on all days.

To avoid overcrowding, the Board decided that vegetable vendors would be allowed to sell vegetables only in the colonies/villages and not in the daily markets. Hawkers/vendors along the super market footpaths would be prohibited.

The reopening of Hazi Park (Hongkong Market), New Market, Millennium Market, etc. would be decided after receiving the approval of the Government.

DC, Dimapur informed that the sub-

committee would still be in place and directed them to monitor and submit reports from time to time. The DC also appealed to the citizens to avoid overcrowding in the markets as market timing has been extended and sufficient stock of commodities are available.

DMC, Administrator impressed upon the members that the sub-committee after thorough deliberations considered the suggestions from various quarters and drew a plan in such a way so as to avoid overcrowding in the markets and for maintaining social distancing.

In the meeting, CMO, Dimapur, Dr. Mereninla Senlem emphasised on the need for sensitising the village bodies on the issue of keeping asymptomatic COVID-19 positive cases in their homes so that the COVID Care Centres could be reserved for serious COVID-19 cases.

MS, Dimapur, Dr. Kuveduyi Theyo, also informed that one OT for COVID-19 positive patients and another OT designated for non COVID-19 patients would be activated within a couple of days. Any serious patient who comes to the hospital will not be turned down, Dr. Theyo assured.

# **PUGHOBOTO SDPDB MEETING HELD**

The Pughoboto Sub-Division Planning & Development Board (PSDPDB) held a meeting chaired by MLA, Y. Vikheho Swu at the Dobashi's Court Hall, Pughoboto on 14<sup>th</sup> August 2020.

After review of the previous meeting minutes of the PSDPDB, the MLA asked the area people to cooperate with one another and to support the Administration and the Health & Family Welfare

Department in their capacity to contain COVID-19. He suggested to the Administration to visit Ghathashi and find out the problems faced there. The Board approved the LADF, 2020-2021 and also decided to write to the Government for posting of SDO (C) at Pughoboto.

SMO, Pughoboto, Dr. J. Hokuqha Sema briefed on contact tracing and requested the people



not to discriminate COVID-19 patients or spread rumours. He also thanked the MLA for his

contribution towards the purchase of TrueNat machine at Community Health Centre, Pughoboto.

## DC TUENSANG INFORMS NEIGHBOURING DISTRICT

Deputy Commissioner, Tuensang, Kumar Ramnikant, IAS has issued an order which stated that in view of the increase in number of COVID-19 cases in the neighbouring district of Mon, and as measures to check the inflow of unregulated traffic, entry into Tuensang via Taithung Nula will be allowed only for procurement of essential goods and commodities shall be allowed only on Monday to Thursday between 6:00 am to 10:00 am. All such entries shall be permitted only on the production of valid travel permits

issued by the competent authority.

For medical emergencies, entry shall be allowed any day/time of the week. However, all such entries shall be allowed only on the production of valid travel permits issued by the competent authority and necessary medical papers.

The order directed all travellers to maintain social distancing, wear mask and comply with health safety measures/precautions issued by the Government.

## KIPHIRE DPDB MEETING HELD



Kiphire District Planning & Development Board (KDPDB) meeting was held on 18<sup>th</sup> August 2020 at Deputy Commissioner's (DC) Conference Hall, Kiphire under the chairmanship of DC and Vice

Chairman, KDPDB, Abhinav Shivam, IAS.

The DC informed that Kiphire being the only green zone district in Nagaland till date, unfortunately detected one COVID-19 positive case

on 17<sup>th</sup> August 2020, from the Quarantine Centre in Kiphire. He appealed to the public not to panic but to follow the guidelines and stressed on the need and importance of wearing masks, hand washing and maintaining social distancing.

Chairman, KDPDB and Minister, Soil & Water Conservation, Geology & Mining, V. Kashiho Sangtam welcomed all the new members of KDPDB. He informed that due to the COVID-19 pandemic, many meetings are being missed out especially KDPDB meetings. He also urged all the HoDs in the district to be more sincere in their work

especially at this time of hardship. He also urged upon all not to discriminate one another or create fear but to assist one another. He also requested the Health & Family Welfare Department to keep detailed record about the returnees.

Lisethrong, 11 Ward, President also requested all the officers to do good works for Kiphire district. Even though Kiphire is known as 'Aspirational District,' he lamented that things are not progressing as expected, so he urged all the officers posted in Kiphire to be more dedicated in their work and also to bring about changes in every department.

#### FIELD DAY-CUM-FARMERS EXPOSURE TRIP

ATMA, Chunlikha Block conducted 'Field Day-cum-Farmers Exposure Trip' at Phenda village, Tseminyu on 18<sup>th</sup> August 2020. The farmers along with ATMA staff visited a Tea Farm School with Farm Teacher, Shwenga Kent.

Shwenga Kent highlighted the techniques of propagation from cutting and seeds, and explained the methods of plantation to the farmers.

He also explained the methods of processing green tea and encouraged the farmers to take up tea plantation as it is a good source of income and would last long if one could give time in taking care of and maintaining the farm.

Local green tea was distributed to the farmers, and altogether 15 farmers attended the programme.

# **NOKLAK DTF MEETING HELD**



Noklak District Task Force (NDTF) on COVID-19 held a review meeting on 19<sup>th</sup> August 2020 at Deputy Commissioner's (DC) Conference Hall. The meeting was chaired by DC, Noklak, Reny Wilfred, IAS.

The Board deliberated on the institutional quarantine, COVID-19 Care Centre, urgent requirement of TrueNat machine, requirement of relevant drugs, safety kits, etc. and various other issues relating to the Standard Operating Procedures to be followed and activities to be taken up.

The meeting was attended by the members

of NDTF, representatives from TPRO, Wards under Noklak town, Bazaar Union and also from Noklak, Kusong, Nokyan and Nokyan 'B' villages.

Meanwhile, DC, Noklak paid a visit to Noklak and Nokyan villages. He was apprised of the problems faced by the villagers. Noklak being the newly created district of Nagaland, he advised the people to be peace loving citizens for bringing in proper development for the benefit of the people. The DC was accompanied by SDO(C), Noklak, C. Phuniang, EACs and frontal tribal organisation leaders.

# **COVID-19 TASK FORCE HOLDS MEETING AT TSEMINYU**



Tseminyu Sub-Divisional Task Force (TSDTF) for COVID-19 headed by Additional Deputy Commissioner (ADC), W. Manpai Phom as Chairman, held a meeting at ADC's Conference Hall on 19<sup>th</sup> August 2020.

The meeting deliberated on the Government's Standard Operating Procedures for COVID-19, and resolved to continue the management of Quarantine Centres at Tseminyu town. However it was decided that following new SOPs, the returnees would pay for their daily food and the cost of their basic requirements.

The meeting decided that in the interest

of public safety, effective measures will be taken to prevent the spread of COVID-19 and the TSDTF will conduct mass awareness campaign in the sub-division by spreading awareness on wearing mask and all necessary SOPs. Further, the meeting also discussed about ways for improvement of waste management in Tseminyu town.

All the members of TSDTF for COVID-19, which includes Heads of Offices in the sub-division, Chairman, Rengma Hoho, Executive Secretary, CRBC and various NGOs/public leaders attended the meeting.

# ENDANGERED MADAGASCAN MOON MOTH SPOTTED IN NOKLAK

During the dedicatory programme of the newly constructed Deputy Commissioner's Office Chamber at Noklak on 22<sup>nd</sup> August 2020, a Madagascan moon moth was spotted.

The Madagascan moon moth is a moth native to the rain forests of Madagascar. Although endangered in the wild due to habitat loss, the Madagascan moon moth has been bred in captivity. The male has a wingspan of 20 cm and a tail span of 15 cm, making it one of the world's largest silk moths. The female lays from 120-170 eggs and after

hatching, the larvae feeds for approximately two months before pupating. The cocoon has numerous holes to keep the pupa from drowning in the daily rains of its natural habitat. The adult moths cannot feed and only lives for four to five days.

Madagascan moon moth is one of the beautiful lepidopterans. It is nocturnal and does not fly at day time. Male and female can be easily distinguished, females have broader and rounder wings and much shorter tail, and males have long and plumose wings. Like all insects, Madagascan

moon moth has a lot of natural predators like chameleons, birds, etc. so only few individuals will succeed in transforming into an adult moth.

The common rearing of silk moth and also with

Noklak district having large forest covered areas, Madagascan moon moth are spotted occasionally. The region is also located in the Indo-Myanmar hotspot which has a rich biodiversity of flora and fauna.

# ZTC RELEASES MUSIC VIDEO ON PLASTIC FREE ZUNHEBOTO

Zunheboto Town Council (ZTC) released a music video on 22<sup>nd</sup> August 2020. The music video was composed, written and performed by Aron T. Assumi and is part of the "Plastic Free Zunheboto" campaign, an initiative of ZTC powered by the

Urban Development Department. The campaign aims to discourage the use of plastic in the town and help to make Zunheboto plastic free. The video can be viewed on YouTube link - https://youtu.be/lsQWqIFbOQE.

#### PEREN DTF HOLDS REVIEW MEETING



Peren District Task Force (PDTF) and Joint Action Committee (JAC) on COVID-19 meeting was held on 24<sup>th</sup> August 2020 at Deputy Commissioner's Chamber, Peren to discuss matters related to COVID-19 in the district.

The PDTF meeting discussed on the issue of the ongoing restriction on inter-district movement and while sharing public views and the implications of maintaining the restrictions, Additional Deputy Commissioner (ADC), Jalukie, Dr. Tinojonghsi Chang opined that the restrictions should be lifted. After deliberation, the Board decided to lift total restrictions in the district with effect from 27<sup>th</sup> August 2020 onwards. However, regulation of public movements will continue as per the standing government orders and travel permit systems will continue, to prevent uncontrolled public movements

in the district till further notification.

DSO, Dr. Hedungkiebe presented the COVID-19 status in the district and proposed for a mass awareness and sanitization campaign in the district to prevent community spread of COVID-19. To ensure safety practices by active community participation, the House entrusted Health & Family Welfare (H&FW) Department to work out a project for the campaign with the help of students, business organizations or church leaders. The PDTF also directed the Sub-Divisional Task Force to continue their efforts to spread awareness in their respective areas.

Survey report of proposed site for sustainable COVID Hospital and COVID Care Centre, which was conducted by H&FW Department and NZPO members on 20th August 2020 as directed

DISTRICTS ROUND UP

by the Technical Team, was presented by Deputy CMO, Dr. Lanuakum. The report was supplemented by CMO, Peren, Dr. Hatling and NZPO President, Kevipelie. As the proposed site is found to be the most suitable option for sustainable management of COVID-19 cases in the district, the Board unanimously approved the survey report and agreed to forward it to higher authority.

ADC, Jalukie, Dr. Tinojongshi Chang also apprised the Board about the financial status and its burden especially in managing transportation. private hotels and Quarantine Centres.

# SHAMATOR TASK FORCE FOR COVID-19 HOLDS REVIEW MEETING WITH FRONTAL ORGANISATIONS



The Shamator Task Force (STF) for COVID-19 under Tuensang district held a consultative meeting on 25<sup>th</sup> August 2020 at Cultural Hall, along with volunteers, resource centre in charge, media cell, medical team, NGOs and 11 Wards Chairmen. The objective of the meeting was to acclimatize the frontline workers and public with new agenda to fight against the pandemic.

Additional Deputy Commissioner (ADC) and Chairman of STF for COVID-19, Lankonsen Tsanglao informed on the decision to dispense with a resource centre for timebeing, and the formation of new committee. Every ward will have a committee comprising of five members to supervise home quarantine. Shamator has atleast 50 plus people under home quarantine at present. The ADC thanked all the frontline workers for successfully rendering their services.

Kiuji, YTC member, while appreciating the

Administration and frontline workers for their efforts against COVID-19, said that fake rumours of COVID-19 positive cases in Shamator are being circulated and appealed to the public to refrain from such unauthorized fake rumours.

EAC, Shamator also spoke in the meeting and requested the people to refrain from social stigmatisation and discrimination against the frontline workers or patients but instead to foster love and support.

Tsurito, YTC Member mentioned that students are availing the Public Ground for proper network connectivity.

ADC informed that trial based visitation of bank for customers will be done in roster by September. He reiterated that the fight for COVID-19 is not over and appealed to everyone to extend their support by wearing masks, to maintain social distancing and to stay home.

#### ADVISOR MHATHUNG LAUNCHES SEEDS OF LOVE



Advisor, Horticulture, Mhathung Yanthan launched a project called 'Seeds of Love' on 25<sup>th</sup> August 2020 in the office premises of DHO, Dimapur, Green Park. The project initiated by Entrepreneurs Guild is an outcome of the group's social contribution during the COVID-19 pandemic.

Speaking at the launching programme as a special invitee, Mhathung expressed appreciation to Entrepreneurs Guild for coming up with a novel venture in the form of distributing seeds and saplings to the community. Observing that many Nagas show interest in farming, Yanthan noted that the spark for arousing the interest of the people is missing. Congratulating the Entrepreneurs Guild for the wonderful venture, Yanthan remarked that such initiatives will supplement the efforts of the Department. He felt that the example of Entrepreneurs Guild ought to be emulated, and encouraged them to take it forward.

Seeds of Love, Project Director, Watila said

that the group came up with the idea of encouraging people to help oneself by growing vegetables at one's own backyard. The concept is to share seeds or saplings to friends, families and neighbours in order to promote kitchen and backyard gardening to achieve self sufficiency and grow organic vegetables for better nutrition, Watila maintained. As the first phase of Seeds of Love project, the group distributed saplings (tomato, brinjal, bottle gourd, houttuyniacordata) to around 100 beneficiaries across Dimapur district.

The second phase of the project will be distribution of seeds during winter, Watila informed. Further, she said that they will be monitoring the beneficiaries to see the success rate of their Seeds of Love project.

The Project was initiated by Entrepreneurs Guild in association with Department of Horticulture, Government of Nagaland and Central Institute of Horticulture, Ministry of Agriculture.

# ATMA JAKHAMA BLOCK CONDUCTS FIELD DEMONSTRATIONS AND EXPOSURE VISITS

Field demonstration on nursery bed preparation for cole crops (broccoli and cabbage) were conducted on 25<sup>th</sup> August 2020 at Phesama village with a FIG of 10 women members.

ATM, Atuno Zinyu gave a detailed demonstration on bed preparation, where a raised seed bed of 1 m wide and 15 cm high and of convenient length according to the condition of the

plot was prepared. The seeds were then sowed thinly in rows followed by mulching with dried grass and straws. The importance and advantages of nursery bed preparation for cole crops were shared with the farmers. The importance of mulching, where it keeps the soil moisture content, prevents weed growth and protects the seed from excessive heat or rain was also highlighted.



Another field demonstration on cultivation practices of garlic and soyabean was conducted at Viswema village on 26th August 2020, where the programme was attended by members of a FIG. ATM, Neitouzo Belho gave a demonstration on cultivation of the crops, where selection of field, type of soil, seed selection, field preparation and method of sowing were taught to the farmers through visual pictures.

Farmer Exposure Visit was also conducted for farmers of Jakhama Block under Kohima district to Tsiese Basa Coffee Nursery Farm and Nerhe Pheza Tea Farm School, under Chiephobozou Block on 28th August 2020. The objective of the exposure visit was to enable farmers from different blocks. regions to interact with and learn from each other. allowing them to view practical examples of successful integration of sustainable practices in farming communities. At Tea Farm School, the Farm Teacher, Mesechüü briefly shared on how she started her tea farm, which was recognised by ATMA, Chiephobozou Block as Tea Farm School in 2016.

Mesechüü also demonstrated on her traditional method of tea processing using traditional tools. The Farm Teacher encouraged her fellow

farmers not to lose hope in taking up any farming as it will one day reap fruit, and she said that with the COVID-19 pandemic, one must be able to sustain one's need which is only possible through farming. She also challenged the farmers to go for tea plantations.

The team also visited Coffee Nursery farm at Tsiese Basa where the farm owner, Dr. Vibeilie Mere apprised the farmers on the importance, benefits, schemes and subsidies which the farmers can avail in taking up coffee plantation. He stated that 32 lakh coffee saplings have been distributed till date in Nagaland, and that many plantations have come up successfully in different parts of the State. Once the field verification is approved, a farmer can avail free plantation material through LRD along with free training which is in turn linked with Coffee Board, then, through two instalments, 35,000 per instalment will be given to the beneficiary. Apart from it, the farmer can also avail machineries at 75% subsidy rates once it is linked with the Coffee Board. He stated that both Robusta and Arabica species are available in Nagaland and that Kohima district with natural shade, as less jhumming is practiced, is best suited for coffee.

#### COVID ADAPTIVE RESPONSE LAUNCHED AT MON



COVID Adaptive Response (CARE), initiated by the Mon District Task Force for COVID-19, Empowered Committee COVID-19, Mon and the Konyak civil societies was launched by Deputy Commissioner, Mon, Thavaseelan K, IAS, on 26<sup>th</sup> August 2020 at Konyak Union Office, Mon.

Imnalensa, IPS, Superintendent of Police, Mon and Howing Konyak, President, Konyak Union gave short speeches on CARE and Wennyei K, Convenor, Empowered Committee on COVID-19 and Honang, Vice President, Konyak Union spoke on the way forward for CARE.

## **ASSAM RIFLES DONATE STREET LIGHTS**

Assam Rifles donated 50 LED street lights for installation at different wards of Mon town and for which the Mon District Administration expressed gratitude to the Assam Rifles, led by Brig. Sheoran, DIG, Assam Rifles, Tuensang and Col. Navdeep, Commandant

Officer, 35 Assam Rifles, Mon for their gesture and unfaltering support in the development of the district.

The LED street lights were installed with the technical support from the Department of Power led by Asangba Tikhir, Executive Engineer, Power, Mon.

# NATIONAL SPORTS DAY OBSERVED AT DIMAPUR

Commemorating the National Sports Day, Fitness Run, under "Fit India Movement" was conducted on 29<sup>th</sup> August 2020, with the initiative of District

SportsOfficer, Dimapur, in collaboration with NSS, Dimapur.
Vice President, Dimapur District Sports
Council, Tsenthungo Lotha flagged off the Fitness



Run at Airport Junction, Dimapur. A total of 30 NSS volunteers, representing eight colleges and three Programme Officers participated in the fitness run which commenced from Airport Junction and culminated at Agri Expo Junction, Dimapur.

## **CP DIMAPUR LAUNCHES BAMBOO BARRICADES**

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Commissioner of Police, Dimapur, Rothihu Tetseo IPS launched the bamboo barricades for Dimapur Police on 4th August 2020 at the Office of the Commissioner of Police, Dimapur.

Rothihu Tetseo in his speech, mentioned the Prime Minister's Atma Nirbhar Bharat Abhiyan programme, which aims at making India a selfreliant nation by using locally available products. Keeping in mind the vision of Narendra Modi, Dimapur Police has come up with the idea of using bamboo barricades as the materials are locally available in plenty, with low cost for production and low maintenance, besides encouraging local entrepreneurs, Tetseo maintained. He added that the bamboo barricades would be used for saving human lives and regulating traffic rules. Amidst the pandemic, Dimapur Police has been working sincerely and has earned revenue of more than Rs. 7

lakh which is still continuing, and the cash realised through challans are judiciously deposited to the government account, Tetseo informed.

The Police has been using barricades made of plastic and metal, and the idea of using treated bamboo as barricades for assistance in traffic management, which is, maybe a first of its kind, was conceptualized by one of the unit officers, T. Henthai Phom, ACP, Traffic Zone-II. The project was launched through the support and encouragement of CP, Dimapur and DCP Traffic, Jatila. The bamboo barricades were manufactured by Kharu Design, led by Menuolhoulie Kire.

Dimapur Police would be using the bamboo barricades and collapsible wooden barricades for multiple purposes, as traffic assistance tool, for road safety purposes and as temporary traffic signs for informing commuters about condition of roads, etc.

#### ADVISOR PUKHAYI INAUGURATES NEW OFFICE OF AD, F&CS, DIMAPUR

The new office building of Assistant Director, Food & Civil Supplies (F&CS), Bank Colony, Dimapur was inaugurated by Advisor, F&CS, Pukhayi Sumi on 10th August 2020. The programme was held virtually owing to the COVID-19 pandemic.

Phukayi congratulated the Director, F&CS, Asangla Imti and her team, Engineering Wing, Contractor, AD, F&CS Dimapur and all involved for the successful completion of the office building with quality workmanship on time. Further, Phukayi extended appreciation and commended the departmental officers, staff, field officers, workers for successful completion of Pradhan Mantri Garib Kalyan Anna Yojana (PMGKAY) Phase-1, Atma Nirbhar Bharat (ANB) in all the districts besides the regular schemes.

Reminding that service to man is service to God. Phukayi appealed to all the officers, staff, fieldworkers and stakeholders to keep up the noble work while implementing PMGKAY-II and the other regular schemes. He also advised them to follow the

three golden rules i.e. social distancing, hand hygiene and wearing masks as preventive measures of COVID-19.

Marking the day, Director, F&CS, Asangla Imti unveiled the plaque of the office building of the AD, F&CS. Asangla said that the programme was being held virtually for maintaining social distance in view of the present pandemic. She observed that the pandemic has also given us the advantage to be more IT savvy and upgrade ourselves technologically.

Junior Engineer, F&CS presenting the technical report, informed that the plinth area of the building covered 1,932 sq. ft. and has five office rooms, four toilets with water supply connection. The JE said that cement concrete pavement for parking, internal and external electrification has been provided, while scope for further expansion upto two storeys has been provided. The total project cost of Rs. one crore and total work order amounting to Rs. 88 lakh was awarded to M/S Temjentemsu (Class-I Government Registered Contractor).

# INAUGURATION OF SCERT TRAINING ANNEXE BUILDING AND COMMISSIONING OF EDUSAT STUDIO

Advisor, State Council of Educational Research & Training (SCERT), Information & Public Relations (IPR) and Village Guards, Toshi Wungtung inaugurated the newly constructed SCERT Training Annexe Building at Kohima on 19<sup>th</sup> August 2020.

Inaugurating the building which can

accommodate 55 trainers with all facilities, Toshi Wungtung said that it is a long cherished dream especially for those trainers who face accommodation problem during the training period. He informed the officials that they should serve exclusively to meet the demands of the educational sector in the State. The



State Mission Director, Samagra Shiksha, Kevileno Angami releasing three short films on Naga values and motifs at Conference Hall, SCERT, Kohima on 19th August 2020.

Advisor said that education plays an important role in building the nation, and is instrumental in bringing about change in the society as a whole. For quality improvement in education, every citizen has to be covered without any disparity between the rural and the urban, and added that with the advancement of science and technology, the teaching standard needs to be updated for which the SCERT Department has huge responsibilities. He maintained that the commissioning of EDUSAT in

Nagaland will bring an improvement in imparting quality education for the teachers through interaction.

Director, SCERT, T. Sekhose said that it is a long cherished dream of the Department wanting to have a hostel for the teachers who face a lot of accommodation problem. He added that satellite communication technology using EDUSAT is a strong tool for the development of distance education with interactive learning using two-way audio and video conference which can save a lot of time and energy. The Director informed that for assistance requiring EDUSAT and recording studio, the Department will lend a helping hand to any NGOs and other related departments.

Principal Secretary, School Education and SCERT, Menukhol John inaugurated the commissioning of SCERT Nagaland, EDUSAT and Telecasting Studio which was followed by inauguration of Conference Hall, and releasing and screening of three short films on Naga values and motifs by State Mission Director, Samagra Shiksha, Kevileno Angami, which was produced by the SCERT Department.

# **BSL-2 INAUGURATED AT TUENSANG**

Integrated Molecular Diagnostic and Research Laboratory (BSL-2) was inaugurated at Tuensang District Hospital on 28th August 2020. Minister for Health & Family Welfare, S. Pangnyu Phom inaugurated the BSL-2 in the presence of Advisor, Prison, Printing & Stationery, H. Haiying, Advisor, Information & Public Relations, State Council of Educational Research & Training, and Village Guards, Toshi Wuntung, Tuensang District Task Force (DTF) in-charge, District Administration, District Police, officials of Directorate of H&FW, civil society leaders and other dignitaries.

Speaking on the occasion, Minister, Pangnyu Phom congratulated Tuensang district for materializing the lab and appreciated the engineers and technicians for completing the work before schedule, despite hurdles and lockdown constraints. He expressed his appreciation to the Chief Minister and People's Democratic Alliance Government for their commitment to construct the BSL-2 Lab for the people of the remote district which can extend services to the people of Mon, Longleng, Kiphire and Noklak districts. He lauded the DTF members and civil societies for monitoring the construction work activities. If civil societies take responsibility in guiding the developmental activities, many quality infrastructures can be witnessed in the district, he stated.

Advisor, H. Haiying also appreciated the Government for the development, stating that it is a big day for the people of Tuensang and a milestone in the medical field. He acknowledged the hard work of the members of the Tuensang DTF in containing the COVID-

19 pandemic, and for being one of the best performance teams in fighting the pandemic in the State.

Advisor, Toshi Wungtung appreciated the senior scientists and engineers for completing the much needed lab to fight the COVID-19 pandemic in time. Research, analysis and proper infrastructures are very important to diagnose so that right treatment and right medication can be served, he said. This is a big launch pad which will provide big relief to the citizens not only in medical field but also will help a lot in expenditure and timely administration of the disease with accurate diagnosis, he said. The prime motto of the hospital should be 'Cure and Heal Centre,' with right information and right medication, so that Tuensang can become one of the biggest medical zones to treat patients from neighbouring districts and even beyond borders, he added.

President, CKS, Nungsanglemba while stating that Tuensang is a nerve centre for entire eastern part of Nagaland, and having completed the installation of BSL-2 Lab at Tuensang, expressed hope that it will serve the people of the region. He added that tribal bodies and civil societies have been working tirelessly supporting and assisting the medical fraternity in every possible way.

Mission Director, National Health Mission, Kevichusa Medikhru highlighted that the construction of BSL-2 cost the Government around Rs. 5 crore in purchasing equipments and other civil works. The lab will be functional with two research scientists, two well-trained professional lab technicians, data entry operator and a lab assistant, he said.

#### **'HAPPY HORMONES'**

health issues, self help is the best help. Now this brings us back to the 'Happy Hormones.'

(A DIPR feature by Morotsung Longchar, IA, Kohima)

Mental Health is a very important aspect of a healthy life. But what actually does Mental Health mean? Mental health refers to cognitive, behavioural, and emotional well-being. It is all about how people think, feel, and behave. People sometimes use the term 'mental health' to mean the absence of a mental disorder. Mental health can affect daily living, relationships, and physical health. However, this link also works in the other direction. Factors in people's lives, inter-personal connections, and physical factors can all contribute to mental health disruptions. Looking after mental health can preserve a person's ability to enjoy life. Doing this involves reaching a balance between life activities, responsibilities, and efforts to achieve psychological resilience. Conditions such as stress, depression, and anxiety can all affect mental health and disrupt a person's routine.

According to World Health Organization, 'Mental health is a state of well-being in which an individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively, and is able to make a contribution to his or her community.'

Now coming back to the overall situation at the moment in Nagaland, we can definitely say there is a total lack of awareness among the people when it comes to issues related to Mental Health. The current ongoing pandemic has also contributed a lot to mental stress and anxiety among the people. A lot of people are suffering silently and one must understand that mental health problems are as damaging to one's health as physical ailments and sickness. We must also understand that Mental Health problems can lead to serious health problems if not addressed at the right time. There are several ways to treat mental health problems, be it through medical practitioners and medications, regular sessions with trained psychiatrists, psychologists, psychotherapists, etc. But the most important thing we all should know is that mental health is a very personal affair and no matter what, it all boils down to the individual and when it comes to treating mental

What are 'Happy Hormones?' When we ask ourselves what makes us happy, we often think of the circumstances, possessions, or people in our lives. In reality, happiness is largely a chemical experience. Four main neurochemicals, hormones, and neurotransmitters generated in the brain are fundamentally responsible for creating the sensations and emotions we've come to associate with happiness. Serotonin, dopamine, oxytocin and endorphins are famously happy hormones that promote positive feelings like pleasure, happiness, and even love. Now let us further delve into more details about these four happy hormones.

Endorphins are opioid neuropeptides, which means they are produced by the central nervous system to help us deal with physical pain. They also make us feel lightheaded, and even giddy at times. One non-painful way to induce endorphins is exercise. Endorphins are released after both aerobic and anaerobic exercise. In one study, as little as 30 minutes of walking on a treadmill for 10 days in a row was sufficient to produce a significant reduction in depression among clinically depressed subjects.

Serotonin may be the best known happiness chemical because it is the one that antidepressant medication primarily addresses. Serotonin is neurotransmitter that is naturally triggered by several things we can do each day. Exposure to bright light, especially sunshine, is one way to increase serotonin. Exercise and happy thoughts also stimulate production of this chemical. Some research has found that a higher intake of tryptophan-heavy foods, relative to other foods in the diet, may do the trick as well.

Dopamine is a neurotransmitter often referred to as the 'chemical of reward.' When you score a goal, hit a target, or accomplish a task, you receive a pleasurable hit of dopamine in your brain that tells you've done a good job. But you can also get a natural dose of dopamine when you perform

acts of kindness toward others. Volunteering has been shown to increase dopamine as well as have other long-term health benefits. And some research has even found that it only takes thoughts of loving kindness to bring on the dopamine high.

Mothers may be familiar with oxytocin, the hormone produced in abundance during pregnancy and breastfeeding. Oxytocin is primarily associated with loving touch and close relationships. This hormone provides multiple feeling of warm fuzzies, by stimulating dopamine and serotonin, while reducing anxiety. To get your hit of oxytocin, spend quality time with your loved ones, even spending time and playing with pets definitely helps.

Mental Health, as mentioned earlier is a very personal matter and it fully depends on the individual. A healthy lifestyle with proper exercise, diet and sleeping habits can contribute a lot to our mental wellness. Simple habits like meditation, listening to music, performing acts of kindness and helping others affect our mental state and contribute greatly towards a healthy mental state.

We all know that the ongoing COVID- 19 pandemic and the frequent lockdowns have taken a toll on our mental health and have given way to a lot of stress, anxiety and depression but we must also realise that we can all overcome these issues by simply changing our lifestyles and adopting simple healthy habits. It is not just about helping ourselves but these habits also affect the ones around us in a good way. Happiness is contagious and the feelgood factor eventually rubs off to the people around us and thus helps in creating a healthy environment for everyone. Till date, we have all seen that more than 90 percent of the COVID-19 cases in Nagaland are asymptomatic and so we must all realise that our fight against this pandemic is much more of a mental one than a physical fight. The stigma and discrimination against the infected persons and their families must stop immediately as the infected persons are suffering more because of the mental trauma they go through, triggered by the stigma and discrimination meted out to them by us. We are all in this together. It may be someone else today but we never know, it can be me or you tomorrow.

We all have to realise the importance of

mental health and take life in a truly positive way. For example, the COVID-19 pandemic has not resulted in everything that is bad, in fact it has also given rise to some good things among our people. For example it has greatly brought about changes in our lifestyles, be it things related to our personal hygiene, it has brought families together and have allowed them to spend more time together, and the best part is that our towns are finally becoming cleaner day by day, the environment is healing and pollution levels are going down and so on and so forth. We have also realised the value of our local produce and we are slowly learning to be self-reliant. Agriculture in our State is finally getting its due importance. If we look at it carefully, we as a community is slowly moving forward and what we Nagas need right now is a positive state of mind.

Nagas are kind and generous by nature but we must not always dwell on the physical aspects of our kindness and generosity. We need to contribute and help our society in uplifting the general mental state of the community as a whole. We need to be generous with our words of appreciation and gratitude to those who need it most and give credit when it is due. We need to start showing kindness with words of encouragement and speak about forgiveness and expressing sympathy.

Mental health issues have always been there in our society and will continue to do so in the days to come. It is just that we all have been indifferent to it so far, but the current pandemic has opened our eyes to it to some extent. We all talk about the 'New Normal' and we must all realise that it is more of a mental challenge than a physical one. The mental state of a community as a whole is detrimental to its development and hence, we Nagas need to be more aware to the various aspects of mental health and how it affects the society as a whole. It is time for us to realise the importance of mental health and the need for positivity in our lives. All it takes is a simple change in our lifestyles and it is upto you, me and everyone to be the change and be the catalyst for something that will make all our lives happier. Indeed the Dalai Lama rightly said, 'Happiness is the highest form of Health.'



(A DIPR feature by Süzo Kikhi, IA, DIPR)

# SUCCESS STORY OF KEYIMA SHG OF HENINGKUNGLWA VILLAGE, PEREN 'EMPOWERING WOMEN THROUGH SHG'

SHG in Peren district functioning under the Department which has made them guite renowned and eminent among other SHGs. They could again avail financial support from the Department under (Integrated Watershed Management Programme)

IWMP-III, Batch-II in the year 2012. In 2013, the Keyima SHG members attended a workshop on Handmade Aloe Vera Soap Making organized by the Land Resources Department. Motivated by the desire to begin a new venture, they started aloe vera farming which is primarily used for preparing soap. Apart from this, they also got engaged in other activities like detergent making, pickle making, pineapple cultivation, rearing of silkworm, banana plantation and kitchen garden. Their products are marketed in local town as well as markets in Kohima and Dimapur. Till date, the group has generated an income of Rs. 16.21.660.

Keyima SHG is progressing day by day, and is an asset to the village, the church and the community. Very often, the group gets invitation from different organizations and SHGs, even outside their village for conducting trainings and workshops for the livelihood of rural women, which in return brings positive gains to the group both financially and socially.

The SHG members have become more self-sufficient and economically independent. During events and festivals, the group members take active leadership roles which in a way has led to women empowerment at rural levels. They have created a sense of their own identity and developed confidence through their income generation. Despite the lockdown, their activities have not come to a halt, as they are still very enthusiastic in performing their works while following the government guidelines. Keyima SHG, through the support of the Department of Land Resources has in a way, empowered the women both financially and socially and made them self-reliant.



Keyima SHG members making aloe vera soaps at Heningkunglwa village, Peren.

Driven by the desire to be self-sufficient and independent, the womenfolk of Heningkunglwa village formed a Self Help Group named Kevima SHG in the year 2002 under the flagship programme of Integrated Watershed Development Programme (IWDP), Department of Land Resources. The group comprises of 10 like-minded women who were enthusiastic to work, create a difference and contribute to the society. Since the inception, Keyima SHG has been actively engaged in different income generating activities. Seeing the progress and enthusiasm of the SHG, SBI, Jalukie branch supported them with loans. In the year 2003, Keyima SHG availed a loan of Rs. one lakh from SBI, Jalukie and purchased a plot of land measuring 25.556 acres for bamboo plantation. The bank in observing the sincerity and success of the group, rewarded them by sanctioning another loan of Rs. one lakh.

The Keyima SHG was awarded the Best



Commissioner of Police (CP), Dimapur, Rothihu Tetseo, IPS along with other officials during the launch of bamboo barricades for Dimapur Police at CP's Office, Dimapur on 4<sup>th</sup> August 2020.



Director, Food & Civil Supplies, Asangla Imti along with other officials after unveiling the plaque of the new office of the Assistant Director, Food & Civil Supplies at Dimapur on 10<sup>th</sup> August 2020.



The first Deputy Commissioner (DC) of Noklak, Reny Wilfred, IAS and first Superintendent of Police (SP), Noklak, Dr. Pritpal Kaur Batra, IPS during the reception programme of the first DC and SP of Noklak district at DC's Office Complex, Noklak on 6<sup>th</sup> August 2020.



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